



Produced by the
NHS Rotherham CCG
Medicines
Management Team
Tel (01709) 302639 if
further
information is required.

Bite Size Prescribing News

May 2019



Rotherham
Clinical Commissioning Group

Information for doctors on cannabis-based products for medicinal use (CBPMs)

Following legislative changes, from 1 November 2018, cannabis-based products for medicinal use (CBPMs) can be prescribed across the UK. The General Medical Council (GMC) has produced a learning resource on Cannabis-based products for medicinal use with the aim of helping doctors understand and apply existing national guidance to the prescription of CBPMs. Further information can be found on the GMC website here (<https://www.gmc-uk.org/ethical-guidance/learning-materials/information-for-doctors-on-cannabis-based-products-for-medicinal-use>)

Lidocaine Patches now RED on the Rotherham CCG Traffic Light System

The Rotherham Foundation Trust (TRFT) and Rotherham CCG have agreed that Lidocaine patches are now RED (hospital issue only) for any indication other than postherpetic neuralgia (the only licensed indication).

Clinicians are advised to refer any **new** patient back to original prescriber for continuation of supply.

NHS England Medicines Optimisation in Care Homes (MOCH) Project



As part of a two year NHS England project, South Yorkshire and Bassetlaw Integrated Care System has set up a new MOCH team consisting of pharmacists and pharmacy technicians. This Team is employed by NHS Sheffield CCG with the aim of improving the care home resident's overall quality of life by looking at medication and any other issues that they may have, such as with diet or their lifestyle, and working with care homes to look at resolving these issues.

Richard Daniszewski (Pharmacist) and Gilly Sharp (Pharmacy Technician), will be starting to visit care homes in NHS Rotherham CCG, and will be contacting GP practices aligned to those care homes in due course, to discuss clinical systems access and ways of working.







Reports of prescriptions for Epipen no longer being able to be sent to pharmacies electronically

It has been reported by some SystmOne GP practices that prescriptions for Epipen / Emerade / Jext that used to be sent via Electronic Transfer of Prescriptions (ETP) are now unable to be sent and require the prescription to be printed. This issue has occurred due to a change in how Epipen is listed in the SystmOne drug library.



To correct this issue, prescriptions for Epipen should be changed from this:-


25 Jun 2018 **EPIPEN AUTO-INJECTOR injection 300micrograms/0.3ml dose (1:1000) [MEDA]** 21 Jan 2019 25 Jun 2019 3 / 4 (8)  2 

2 pre-filled disposable injection - use as directed
Food-induced anaphylaxis (X70vm)



Drug prescribed     **EPIPEN AUTO-INJECTOR injection 300micrograms/0.3ml dose (1:1000) [MEDA]**  

Script type ☒ NHS Issue ☐ Private Issue ☐ Instalment Dispensed Issue












Dose use as directed   Times & Doses

Total quantity ☒ Number 2  syringe

To the new version below. Remember to untick the personal administration box.

25 Jun 2018 **EpiPen 300micrograms/0.3ml (1 in 1,000) solution for injection auto-injectors (Meda Pharmaceuticals Ltd)** 21 Jan 2019 25 Jun 2019 3 / 4 (8)  2 

2 pre-filled disposable injection - use as directed
Food-induced anaphylaxis (X70vm)

Drug prescribed     **EpiPen 300micrograms/0.3ml (1 in 1,000) solution for injection auto-injectors (Meda Pharmaceuticals Ltd)**       

Supply shortages of Combined Oral Contraceptive preparations

As with so many other classes of medication, there are now shortages of a variety of combined oral contraceptives. Whilst the stock situation will vary on a day to day basis, the following tables may help clinicians narrow down alternative choices to brands within similar classes.

Combined Oral Contraceptives Monophasic 21-day preparations

Oestrogen content	Progestogen content	Brand
Ethinylestradiol 20 micrograms	Desogestrel 150 micrograms	Gedarel® 20/150
Ethinylestradiol 20 micrograms	Desogestrel 150 micrograms	Mercilon®
Ethinylestradiol 20 micrograms	Gestodene 75 micrograms	Femodette®
Ethinylestradiol 20 micrograms	Gestodene 75 micrograms	Millinette® 20/75
Ethinylestradiol 20 micrograms	Gestodene 75 micrograms	Sunya® 20/75
Ethinylestradiol 20 micrograms	Norethisterone acetate 1 mg	Loestrin® 20
Ethinylestradiol 30 micrograms	Desogestrel 150 micrograms	Gedarel® 30/150
Ethinylestradiol 30 micrograms	Desogestrel 150 micrograms	Marvelon®
Ethinylestradiol 30 micrograms	Drospirenone 3 mg	Yasmin®
Ethinylestradiol 30 micrograms	Gestodene 75 micrograms	Femodene®
Ethinylestradiol 30 micrograms	Gestodene 75 micrograms	Katya® 30/75
Ethinylestradiol 30 micrograms	Gestodene 75 micrograms	Millinette® 30/75
Ethinylestradiol 30 micrograms	Levonorgestrel 150 micrograms	Levest®
Ethinylestradiol 30 micrograms	Levonorgestrel 150 micrograms	Microgynon® 30
Ethinylestradiol 30 micrograms	Levonorgestrel 150 micrograms	Ovranette®
Ethinylestradiol 30 micrograms	Levonorgestrel 150 micrograms	Rigevidon®
Ethinylestradiol 30 micrograms	Norethisterone acetate 1.5 mg	Loestrin® 30
Ethinylestradiol 35 micrograms	Norgestimate 250 micrograms	Cilest®
Ethinylestradiol 35 micrograms	Norethisterone 500 micrograms	Brevinor®
Ethinylestradiol 35 micrograms	Norethisterone 1 mg	Norimin®
Mestranol 50 micrograms	Norethisterone 1 mg	Norinyl-1®

Combined Oral Contraceptives Monophasic 28-day preparations

Oestrogen content	Progestogen content	Brand
Ethinylestradiol 30 micrograms	Gestodene 75 micrograms	Femodene® ED
Ethinylestradiol 30 micrograms	Levonorgestrel 150 micrograms	Microgynon® 30 ED
Estradiol (as hemihydrate) 1.5 mg	Nomegestrol acetate 2.5 mg	Zoely®

Combined Oral Contraceptives Phasic 21-day preparations

Oestrogen content	Progestogen content	Brand
Ethinylestradiol 30 micrograms	Levonorgestrel 50 micrograms	Logynon®
Ethinylestradiol 40 micrograms	Levonorgestrel 75 micrograms	
Ethinylestradiol 30 micrograms	Levonorgestrel 125 micrograms	
Ethinylestradiol 30 micrograms	Levonorgestrel 50 micrograms	TriRegol®
Ethinylestradiol 40 micrograms	Levonorgestrel 75 micrograms	
Ethinylestradiol 30 micrograms	Levonorgestrel 125 micrograms	
Ethinylestradiol 35 micrograms	Norethisterone 500 micrograms	Synphase®
Ethinylestradiol 35 micrograms	Norethisterone 1 mg	
Ethinylestradiol 35 micrograms	Norethisterone 500 micrograms	

Combined Oral Contraceptives Phasic 28-day preparations

Oestrogen content	Progestogen content	Brand
Ethinylestradiol 30 micrograms	Levonorgestrel 50 micrograms	Logynon® ED
Ethinylestradiol 40 micrograms	Levonorgestrel 75 micrograms	
Ethinylestradiol 30 micrograms	Levonorgestrel 125 micrograms	
Estradiol valerate 3 mg		Qlaira®
Estradiol valerate 2 mg	Dienogest 2 mg	
Estradiol valerate 2 mg	Dienogest 3 mg	
Estradiol valerate 1 mg		