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# Bite Size Prescribing News

## June 2019



Rotherham  
Clinical Commissioning Group

On the 23rd July we will say goodbye and good luck to our wonderful senior Medicines Management technician Paula Whitehurst as she leaves us for pastures new at Doncaster CCG.

Paula is one of the longest serving members of the Medicines Management team having started working for Rotherham PCT in 2003.

During her time with us, Paula has mainly worked in and around the Rother Valley South locality. She has seen the localities change, the PCT close and the CCG begin.

Over the years Paula has had a leading role on a number of projects, including the setup of the blood glucose meter formulary, overseeing the operation of the wound care service and played a huge role in patient engagement on Medicines Management work streams.

Paula has been an integral part of the Medicines Management Team and will be greatly missed. I know you will join with us to say a massive THANK YOU and good luck.



### Febuxostat (Adenuric): increased risk of cardiovascular death and all-cause mortality seen in CARES study.

Febuxostat (Adenuric) is a non-purine, xanthine oxidase inhibitor licensed for the treatment of chronic hyperuricaemia in adults, in whom urate deposition has already occurred (including a history, or presence of tophus and/or gouty arthritis).

The publication of the phase IV clinical study (CARES) [here](#) has prompted the manufacturer, in agreement with the European medicines Agency and Medicines and Health products Regulatory Agency (MHRA) to send out a letter to healthcare professionals on the 27<sup>th</sup> June 2019 stating:

- In patients with gout and a history of major cardiovascular (CV) disease, a significantly higher risk for all-cause mortality and for CV-related death was observed in patients treated with febuxostat compared with patients treated with allopurinol.
- Treatment with febuxostat in patients with pre-existing major CV disease (e.g. MI, stroke or unstable angina) should be avoided unless no other therapy options are appropriate.

A small amount of prescribing of febuxostat occurs in Rotherham (see table below) and clinicians are asked to bear this information in mind when reviewing these patients.

Febuxostat prescribing March - April 2019			
Practice	Items	Practice	Items
MORTHEN ROAD GROUP PRACTICE	26	VILLAGE SURGERY	8
DINNINGTON GROUP PRACTICE	24	BROOM LANE MEDICAL CENTRE	7
MARKET SURGERY	22	STAG MEDICAL CENTRE	6
MANOR FIELD SURGERY	21	SWALLOWNEST HEALTH CENTRE	6
THE MAGNA GROUP PRACTICE	19	WOODSTOCK BOWER GROUP PRACTICE	6
WICKERSLEY HEALTH CENTRE	17	GATEWAY PRIMARY CARE	5
GREENSIDE SURGERY	16	ST ANN'S MEDICAL CENTRE	5
KIVETON PARK MEDICAL PRACTICE	16	BROOM VALLEY ROAD SURGERY	3
CLIFTON MEDICAL CENTRE	14	GREASBROUGH MEDICAL CENTRE	3
CROWN STREET SURGERY	14	TREETON MEDICAL CENTRE	3
BRINSWORTH MEDICAL CENTRE	9	HIGH STREET SURGERY	2
PARKGATE MEDICAL CENTRE	9	YORK ROAD SURGERY	2
THORPE HESLEY SURGERY	8	BLYTH ROAD MEDICAL CENTRE	1

### Dual prescribing of Memantine and Acetylcholine Esterase Inhibitors (AChEI) from Memory Service

Following on from the updated NICE guidelines (NG97 - Dementia: assessment, management and support for people living with dementia and their carers) clinicians may notice requests for the prescribing of AChEI and memantine from the memory service. All dual prescribing should be done in line with the updated SCP and proforma for prescribing in dementia which can be found in the shared care protocol section of the RCCG website [here](#).

## Rotherham CCG Current Preferred Brands / Formulations

Below is a table to help illustrate to patients the benefit to the NHS in Rotherham of prescribers choosing our preferred brands/formulations. These preferences are also mirrored on the ScriptSwitch system.

### RECOMMENDED PRESCRIBING



DRUG (generic and all other brands)	PREFERRED BRAND / FORMULATION	NHS SAVING
blood glucose testing strips for 2DM only	GlucoRx Nexus / Glucomen Areo Sensor / Accu-Chek Performa Nano test strips	~ 50%
aripiprazole 30mg OD	aripiprazole 2x15mg OD	75%
Aveeno	Epimax Oatmeal (or Zeroveen)	81%
buprenorphine 5, 10, 20 patch	Butec	55%
buprenorphine 35, 52.5, 70	Bupeaze	40%
Cialis	generic	93%
Diprobase	Epimax	60%
Doublebase	Isomol	50%
E45 cream	ExoCream	33%
fentanyl patch	Matrifen (or Mezolar)	40%
insulin pen needles	GlucoRx / Tricare / BD Viva	~ 50%
galantamine XL	Gatalin	50%
isosorbide mononitrate 60mg	Chemydur or Monomil	67%
melatonin	Circadin MR	~ lots
mesalazine (incl Asacol)	Octasa	26%
methylphenidate XL (all generic and brands)	Delmosart	50%
morphine MR (incl MST)	Zomorph caps	33%
naproxen EC tabs	naproxen tablets (non EC)	58%
oxycodone IR caps	Shortec caps	40%
oxycodone MR tabs	Longtec tabs	50%
pramipexole MR	Pipexus	25%
Lyrica (pregabalin)	generic	96%
procyclidine 5mg tabs	Kemadrin 5mg tabs	55%
quetiapine MR	Biquelle MR	56%
ropinirole XL	Repinex XL	51%
salmeterol MDI or Serevent MDI inhaler	Soltel	32%
salmeterol/fluticasone combo MDI	Sirdupla / Seretide	-
Stalevo (or generic carbidopa/levodopa/entacapone)	Sastravi (or Stanek)	50%
tamsulosin MR tablets	MR capsules (generic)	63%
tiotropium	Braltus	26%
tolterodine MR /XL caps	Neditol XL	50%
tramadol MR tabs (100, 150, 200mg)	Marol	~ lots
venlafaxine MR / XL (75, 150, 225mg)	Vensir	54%