

Rotherham Place Prescribing Bitesize

Lithium Monitoring

Polite reminder for Practices re lithium monitoring arrangements for patients under SCP with RDaSH

<https://yourhealthrotherham.co.uk/download/scp-for-the-prescribing-and-monitoring-of-lithium/>

- RDaSH supply lithium pts with pre-populated “paper” blood request form.
- Practices should perform taking of bloods using the afore mentioned blood request form (Lithium patients are included in the current Phlebotomy LES).
- Following this process ensures lithium monitoring results are returned to the Lithium Clinic for actioning and filing, and also become visible to S1 practices.

Updated local guidelines for blood glucose self-monitoring in diabetes.

Rotherham Place MMT has updated the guidelines on self-monitoring of blood glucose in diabetes. The guideline now contains information on continuous glucose monitoring (CGM) – both intermittently scanning (is) and real time (rt), information on the pathway for initiation of CGM, and examples of the devices on offer.

Information on monitoring in gestational diabetes is also included, as are current DVLA glucose monitoring requirements. The full guidance can be found in the Endocrine section of the [Top Tips & Therapeutic Guidelines](#) area of the yourhealthrotherham.co.uk website.

Transgender Hormone Prescribing

Online training sessions for primary care are available for those health care professionals that are interested: [Transgender Hormone Prescribing/Monitoring & Transgender Awareness Tickets, Multiple Dates | Eventbrite](#)

Updated Blood Glucose Testing Meter Formulary Choices

NHS England has undertaken a [national assessment](#) of blood glucose and ketone meters, testing strips and lancets. Following this, Rotherham Place MMT has worked with colleagues in secondary care, DSN’s and the specialist diabetic dietitians to update our blood glucose testing meter formulary. The full table (which included test strips, lancets and S1/Emis keywords) can be found in the Endocrine section of the [Top Tips & Therapeutic Guidelines](#) area of the yourhealthrotherham.co.uk website.

Type 2 Diabetes Blood Glucose Testing Meter Formulary Choices – ROTHERHAM PLACE

Patient Cohort	All (better value to the NHS)	All	Dexterity/lancet issues (fastclick multi-lancet “drum” device)	Audible results (additional functionality-voice)	Ketosis prone Type 2 (better value to the NHS)	Ketosis prone Type 2	Pregnancy and gestational Type 2 Diabetes (data transmitted to GDm Health™ app)
Meter	GlucRx Q	True Metrix Air	Accu-chek Instant	On Call Extra Voice	GlucFix Tech GK	GlucRx HCT	Agamatrix Agile (First Line) Due July 23 Agamatrix Wavesense Jazz Wireless (Second Line)
Product Photo							

Updated Guidelines for the management of TYPE 2 DIABETES in ADULTS

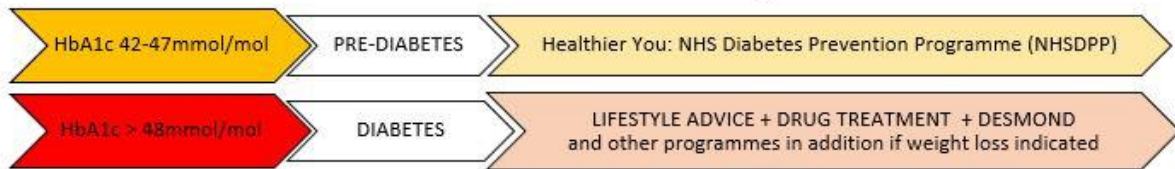
The Rotherham Place MMT has updated the guidelines for the management of T2DM in adults. The full guidance can be found in the Endocrine section of the [Top Tips & Therapeutic Guidelines](#) area of the yourhealthrotherham.co.uk website.

Guidelines for the management of TYPE 2 DIABETES in ADULTS based in Rotherham GP practices

This information/guidance has been developed within the Rotherham Place and approved for use by Rotherham GP practices only.

At diagnosis of type 2 DM refer patient to local diabetes dietitian team for dietary and weight management advice ideally before, or at initiation of pharmacological treatment for hyperglycaemia.

Offer structured education programme as integral part of diabetes care → DESMOND via DSN referral.
Reinforce and review annually.



Pharmacological Treatment Summary

