


Rotherham Place Prescribing Bitesize

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Valproate & Topiramate

RDaSH process, for patients prescribed Valproate for a "Mental Health" conditions, can be found via this link



<https://yourhealthrotherham.co.uk/download/rda-sh-valproate-for-mh-varaf-process/>

New [Pregnancy Prevention Rules](#) for patients on Topiramate have been introduced;

- ICB MOT working on SY guidance
- For patients under TRFT Paeds, the MOT have already provided pt list to specialists to complete and send forms to GP Practices
- For any patients on topiramate for Mental Health indication, please follow same process as for Valproate (above)

Detained Patients OR Temporary Residents



NHS Temporary services GMS3/99

Reminder that when a Practice receives notification that a patient is **detained** (e.g. HMS) or **temporarily registered elsewhere** (e.g. Intermediate Care), the patients "**repeat medication templates**" should be **stopped**.

This ensures patients (or their reps) do not obtain multiple supplies of medications.

Once the Practice receives notification of release, or temporary registration has ended, a **medicines reconciliation** should now be performed, ensuring repeats are added based on the most recent communications.

MHRA warning for interaction between Warfarin & Tramadol

The MHRA has received a Coroner's report following the death of a patient who died following concurrent treatment with warfarin and tramadol. The Coroner raised concerns that the interaction between warfarin and tramadol was not well known. Further information [here](#).

Isosorbide Mononitrate 60mg XL tabs

We have received [national alert](#) re Intermittent stock issues with some brands of ISMN 60mg XL tabs

- Monomil and Chemydur remain preferred brands
- as back-up we've added "Tardisc 60mg xl tabs" as 3rd line preferred choice
- please avoid generic prescribing which is triple in cost

Needle & Syringe Programme (NSP)

WithYou (ROADs) have kindly provided a list of participating pharmacies in the free needle exchange.

- Archway Pharmacy (Masbrough)
- Allied Pharmacy (Aston)
- Allied Pharmacy - Church Street (Wath)
- Doncaster Gate Pharmacy
- New Street Pharmacy (Dinnington)
- Parkgate Pharmacy
- Pickfords Pharmacy (Mexborough)
- Lo's Pharmacy (Greasbrough)
- Weldricks Pharmacy (Kiveton Park)
- Weldricks Pharmacy (Brinsworth)
- Weldricks Pharmacy (Swinton)
- York Road Pharmacy

[WithYou](#) also provide NSP on site to anyone, registered or not with the service @ [Carson House, Moorgate Road, Rotherham, S60 2EN](#)

Methylphenidate in ADHD

LMC approved the [Methylphenidate SCP for Adults](#) under RDaSH Adult ADHD Clinic at the Sept meeting. Requests for Practices to continue prescribing will be spread-out over next 6months.

Please find overleaf a methylphenidate preparations summary aid. Many "bio-equivalent" (interchangeable) brands exist allowing for same strength/dose switching.

If all brands are unavailable? patients should be informed to contact their ADHD Specialist.

SUMMARY TABLE of Methylphenidate MR Tabs/Caps Preps (v1 - Aug 2024)

(**ROTHERHAM GP PRACTICES**)

| <p>GENERIC IR TABLETS: MonoPhasic Release Profile = 4hrs duration of action Available Strengths: 5mg / 10mg / 15mg / 20mg</p> | | <p>BRANDED MR TABLETS: BiPhasic Release Profile = 22:78* (sometimes aka 25:75) = 12hrs duration of action (all MR tabs are considered bio-equivalent brands & can be prescribed as alternatives in time of brand shortage)</p> | |
|--|---|---|---|
| Preparation | Available Strengths | Dose conversion to GENERIC Standard (Immediate Release) Tablets | *Additional Info |
| Affnid XL | 18mg, 27mg, 36mg, 54mg | 5 mg three times daily ≡ 18 mg once daily | 22:78 Immediate Release component (22% of the dose) and a Modified Release component (78% of the dose). Can be taken with or without food Maximum licensed daily dosage of is 54 mg. <i>License - children 6 years and over</i> |
| Delmosart PR | 18mg, 27mg, 36mg, 54mg | 15 mg am & 10mg pm ≡ 27 mg once daily 10 mg three times daily ≡ 36 mg once daily 15 mg three times daily ≡ 54 mg once daily | 22:78 Immediate Release component (22% of the dose) and a Modified Release component (78% of the dose). Can be taken with or without food <i>Maximum daily dosage of Concerta XL is usually 54mg in children 72 mg in adults (up to 108mg under guidance)</i> |
| Matoride XL | 18mg, 36mg, 54mg (no 27mg) | 5 mg three times daily ≡ 18 mg once daily | |
| Xaggitin XL | 18mg, 27mg, 36mg, 54mg | 15 mg am & 10mg pm ≡ 27 mg once daily | |
| Xenidate XL | 18mg, 27mg, 36mg, 54mg | 10 mg three times daily ≡ 36 mg once daily | |
| Concerta XL | 18mg, 27mg, 36mg, 54mg | 15 mg three times daily ≡ 54 mg once daily 20 mg three times daily ≡ 72 mg once daily | |
| <i>License - children 6 years and over</i> | | | |
| <p>BRANDED MR CAPS: BiPhasic Release Profile = 50:50 or 30:70* = 8hrs duration of action</p> | | | |
| Medikinet XL | 5mg, 10mg, 20mg, 30mg, 40mg, 50mg, 60mg | switch to same milligram daily dose of Meflynate or Metyrol | 50:50 Immediate Release component (50% of the dose) and a Modified Release component (50% of the dose). 50:50 Immediate release component (50% of the dose) and a modified release component (50% of the dose). <i>60mg max daily – children, 80mg max daily – adults (up to 90mg under guidance)</i> |
| <i>Not licensed for use in adults</i> | | | |
| Meflynate XL or Metyrol XL | 10mg, 20mg, 30mg, 40mg, 60mg (no 5mg or 50mg) | switch to same milligram daily dose of: <ul style="list-style-type: none"> Meflynate/Metyrol XL or Medikinet XL | |
| <i>License - 6 years and over and adults</i> | | | |
| Equasym XL | 10mg, 20mg, 30mg | switch to same milligram daily dose of Addepta XL (or consider switch to 50:50 xl cap prep) | 30:70 Immediate Release component (30% of the dose) and a Modified Release component (70% of the dose). 30:70 Immediate Release component (30% of the dose) and a Modified Release component (70% of the dose). |
| <i>Not licensed for use in adults</i> | | | |
| Addepta XL (stock not yet launched) | 10mg, 20mg, 30mg | switch to same milligram daily dose of Equasym XL (or consider switch to 50:50 xl cap prep) | |
| <i>Not licensed for use in adults</i> | | | |

(**Green** = Preferred Brand / **Amber** = Alternative Brand if preferred unavailable / **Red** = Non-Formulary)