



Produced by the  
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# Bite Size Prescribing News

## December 2021



Rotherham  
Clinical Commissioning Group

### Dapagliflozin (Forxiga): no longer authorised for treatment of type 1 diabetes mellitus

The authorisation holder for dapagliflozin has withdrawn the indication for type 1 diabetes mellitus. The removal of the type 1 diabetes indication is not due to any new safety concerns and the other indications of dapagliflozin are unchanged.

Patients with type 1 diabetes should discontinue dapagliflozin 5mg in consultation with their specialist diabetes physician as soon as clinically practical.

The Medicines Management Team is running searches on GP systems to help practices identify affected patients. Further information can be found here: <https://www.gov.uk/drug-safety-update/dapagliflozin-forxiga-no-longer-authorised-for-treatment-of-type-1-diabetes-mellitus>.



### Accu-Chek Performa Nano Blood Glucose Meter

Please note that the Accu-Check Performa Nano blood glucose meter is due to be discontinued and will be removed from the blood glucose meter formulary.

Performa test strips will continue to be available and should only be issued to existing users.

Patients requiring new meters or replacements should be offered an alternative formulary choice blood glucose meter.

(Formulary to be reviewed early 2022)

### Carbomer 980 0.2% preservative free UDV eye drops Out of Stock

Carbomer 980 0.2% eye drops 0.6ml unit dose preservative free, 60 unit dose are currently out of stock.

Alternatives include:

- Evolve Carbomer 980 is both preservative- and buffer free, contains sorbitol (this retains the adhesion for the drop on the eye after administration – and allow for efficient ocular spreading with minimal blur)
- Viscotears 980 0.6ml / 0.2% UDV, contains sorbitol
- Ocu-lube carbomer eye gel 0.6ml preservative free UD

Further information on the use of ocular lubricants can be found in the CCG Ocular Lubricant Prescribing Guidelines here:

<http://www.rotherhamccg.nhs.uk/Downloads/Treatment%20of%20dry%20eyes%20v2%203%20%20FINAL%20October%202019%20-%20update%20May%202021.docx>

### New Antimicrobial Prescribing Guidance

Rotherham CCG and TRFT have agreed to adopt the NICE Summary of antimicrobial prescribing guidance for managing common infections in primary care. Further information can be found here: <http://www.rotherhamccg.nhs.uk/summary-antimicrobial-prescribing-guidance-aug-21-final.pdf>

## Updated Vitamin D prescribing guidance

The Medicines Management Team has produced updated guidance for Vitamin D prescribing in adults (including in pregnancy) and children. As previously, clinicians are advised that prescribing of vitamin D should only occur when providing a loading course of treatment for deficiency, and for patients that are housebound or receiving institutional care.

Vitamin D prescribing in Adults here:

<http://www.rotherhamccg.nhs.uk/vitD%20adults%202021%20update%20final%20v.pdf>

Vitamin D prescribing in children here:

<http://www.rotherhamccg.nhs.uk/vitD%20children%202021%20update%20final%20v.pdf>

## *Medicines Management Christmas Quiz 2021*

### Question 1

Where is the annual Mistletoe fair

- a) Tenbury Wells
- b) Tunbridge Wells
- c) Tendring Wells

### Question 2

What is the variant denomination of the Omicron form of COVID-19?

- a) B.1.1.7
- b) B.1.617.2
- c) B.1.1.529

### Question 3

How many red land crabs are estimated to live on Christmas island?

- a) 30 - 40 million
- b) 40 - 50 million
- c) 50 - 60 million

### Question 4

As of October 2021, where does Rotherham CCG appear in the Yorkshire and Humber CCG's league table of prescribing cost growth:

- a) Bottom with lowest cost growth
- b) Middle with average cost growth
- c) Top with highest cost growth

### Question 5

According to NICE, what is the estimated carbon footprint of a metered dose inhaler?

- a) 20g CO<sub>2</sub> eq per dose
- b) 250g CO<sub>2</sub> eq per dose
- c) 500g CO<sub>2</sub> eq per dose

Answers:  
1) a) 2) c) 3) b) 4) a) 5) c)

*Merry Christmas and a Happy New Year from all of us in the Medicines Management Team*