






Blood Glucose Monitoring Meter Formulary for Type 2 Diabetes

These guidelines have been written collaboratively with TRFT Community Diabetes Specialist Nurses. It has been agreed that the following meter choices are first line for people with **Type 2 Diabetes** who are required to monitor blood glucose;

Blood Glucose Testing Meter Formulary Choices (Type 2 Diabetes only)

Blood Glucose Testing Meter Formulary Choices (Type 2 Diabetes only)				
Product Photo	 			Pregnancy and gestational Type 2 Diabetes (can continue afterwards if still required) 
Meter	Glucorx Nexus (available as the usual palm size device, mini device or the Voice device.)	Glucomen Areo	Accu-Chek Performa Nano	AgaMatrix WaveSense JAZZ and WaveSense JAZZ wireless
Test Strips	Glucorx Nexus (£8.95 per pack of 50)	Glucomen Areo Sensor (£9.95 per pack of 50)	Accu-Chek Performa Nano test strips (£7.50 per pack of 50)	AgaMatrix WaveSense JAZZ and Duo test strips (£8.74 per pack of 50 / Duo £8.74 per 2x25)
Lancets	Glucorx 0.31mm/30 gauge (£4.50 per pack of 200)	Glucoject Lancets PLUS 0.20mm/33 gauge (£5.50 per pack of 200)	Accu-Chek Fastclix Lancets 0.3mm/30gauge (£5.90 per pack of 204)	AgaMatrix Ultra-thin Lancets 0.2mm/33 gauge / 0.35mm/28 gauge (£5.43 per pack of 200)
Prices taken from Dec 19 Drug Tariff				
Urine Test Strips are not recommended. If a patient requests they should be advised to purchase over the counter.				

Accu-chek Mobile device may be initiated by TRFT Community Specialist Diabetes Nurse and can be continued. Do not switch .
 The Mobile cassette is £9.99 for 50 tests . Fastclix lancets £5.90/ 204

PEN NEEDLE Formulary Choice (for insulin pen devices)

BD Viva		Gluco Rx FinePoint		Tri-care	
4mm/32 gauge (90)	£3.59	4mm/31 gauge (100)	£4.50	4mm/32 gauge (100)	£3.95
5mm/31 gauge (90)	£3.59	5mm/31 gauge (100)	£4.50	5mm/31 gauge (100)	£3.95
6mm/31 gauge (90)	£3.59	6mm/31 gauge (100)	£4.50	6mm/31 gauge (100)	£3.95
8mm/31 gauge (90)	£3.59	8mm/31 gauge (100)	£4.50	8mm/31 gauge (100)	£3.95

Prices taken from Dec 19 Drug Tariff

Latest diabetes NICE Guidance can be found here;

<http://www.nice.org.uk/guidance/ng28>

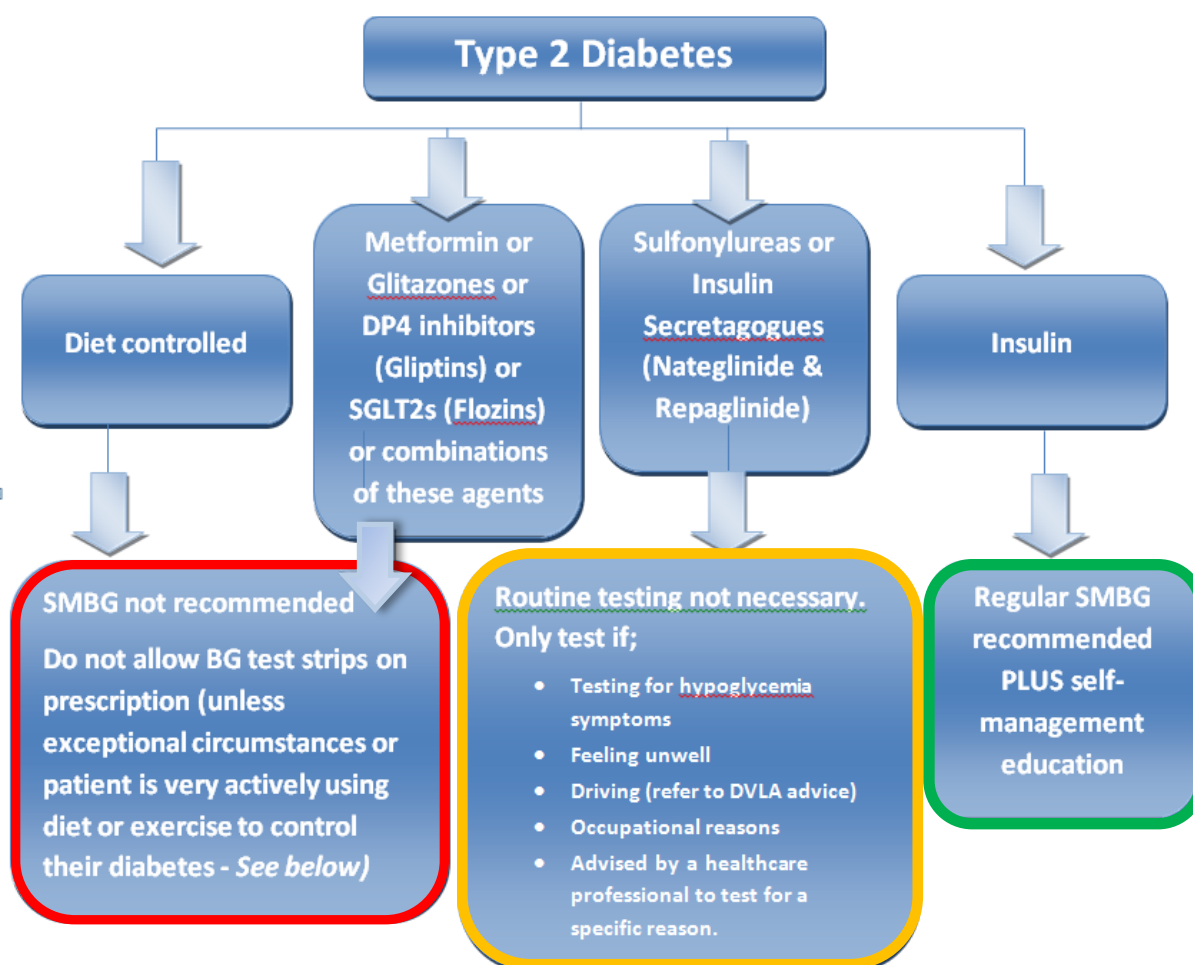
Latest NICE Guidance for gestational diabetes;

<https://www.nice.org.uk/guidance/ng3>

DVLA information on driving and diabetes can be accessed here;

<https://www.gov.uk/diabetes-driving>

Guidelines for Self Monitoring of Blood Glucose (SMBG)



Patients that may be required to undertake Self-Monitoring of Blood Glucose (SMBG) more often;

- Patients that are using SMBG to monitor and adjust their diet in a weight reduction programme as part of their diabetes management.
- Patients that in certain occupations that require extensive driving, operating of machinery or climbing may wish to undertake SMBG more often.

Diabetes and pregnancy (known diabetics and if gestation diabetes develops)

- Pregnant patients should be commenced on SMBG as soon as they are pregnant. They should be advised to test before all meals, 1 hr after every meal and at bedtime. The Diabetes nurse is to advise on the targets for glycaemic control.
- They should be referred URGENTLY to the diabetes antenatal clinic to be seen there within 1-2 weeks - this can be facilitated by telephoning the diabetes specialist midwife based in the antenatal clinic.
- Pre-pregnancy- patients who are planning pregnancy should be testing pre-breakfast, 2hrs after all meals and at bedtime. Patients should be referred for multidisciplinary team pre- pregnancy advice in the diabetes antenatal clinic.