



## Summary of antimicrobial prescribing guidance – managing common infections

- For all PHE guidance, follow PHE's principles of treatment.
- See BNF for appropriate use and dosing in specific populations, for example, hepatic impairment, renal impairment, pregnancy and breastfeeding.

Key: Click to access doses for children

Jump to section on:

 Jump to section on:
 Upper RTI
 Lower RTI
 UTI
 Meningitis
 GI
 Genital
 Skin
 Eye
 Dental

Infection	Key points	Medicine	Doses		Length	Visual
IIIIection	Rey points		Adult	Child	Lengui	summary
▼ Upper res	piratory tract infections					
Acute sore throat	Advise paracetamol, or if preferred and suitable, ibuprofen for pain.	First choice: phenoxymethylpenicillin	500mg QDS or 1000mg BD		5 to 10 days*	
	Medicated lozenges may help pain in adults. Use <u>FeverPAIN</u> or <u>Centor</u> to assess symptoms:	Penicillin allergy: clarithromycin OR	250mg to 500mg BD		5 days	
NICE	FeverPAIN 0-1 or Centor 0-2: no antibiotic; FeverPAIN 2-3: no or back-up antibiotic; FeverPAIN 4-5 or Centor 3-4: immediate or back-up antibiotic.	erythromycin (preferred if pregnant)	250mg to 500mg QDS or 500mg to 1000mg BD	The state of the s	5 days	See thread (acute) perhalmodal prescribing set to
Public Health England	Systemically very unwell or high risk of complications: immediate antibiotic.		BD	Section 1 The Conference of th		Particular and the second seco
Last updated: Jan 2018	*5 days of phenoxymethylpenicillin may be enough for symptomatic cure; but a 10-day course may increase the chance of microbiological cure.					
	For detailed information click the visual summary icon.					

Infection	Key points	Madiaina	Doses		Lawath	Visual
intection	key points	Medicine	Adult	Child	Length	summary
Public Health England Last updated: Feb 2019	Annual vaccination is essential for all those 'are Treat 'at risk' patients with 5 days oseltamivir 75m (36 hours for zanamivir treatment in children), 1D,3D At risk: pregnant (and up to 2 weeks post-partum and asthma); significant cardiovascular disease (right diabetes mellitus; morbid obesity (BMI>40). 4D See immunosuppression, or oseltamivir resistance, us advice. 4D Access supporting evidence and rationales on the PHE	ng BD, <sup>1D</sup> when influenza is circ or in a care home where influ ); children under 6 months; ac not hypertension); severe imm the <u>PHE Influenza</u> guidance e zanamivir 10mg BD <sup>5A+,6A+</sup> (2	culating in the commu lenza is likely. <sup>1D,2A+</sup> dults 65 years or olde unosuppression; chro for the treatment of p	nity, and i r; chronic onic neuro atients un	deally within 48 hour respiratory disease (i logical, renal or liver der 13 years. <sup>4D</sup> In se	ncluding COPD disease; vere
Scarlet fever (GAS)	<b>Prompt treatment</b> with appropriate antibiotics significantly reduces the risk of complications. <sup>1D</sup>	Phenoxymethylpenicillin <sup>2D</sup>	500mg QDS <sup>2D</sup>	BNF for children	10 days <sup>3A+,4A+,5A+</sup>	Not available. Access
Public Health England	Vulnerable individuals (immunocompromised, the comorbid, or those with skin disease) are at	Penicillin allergy: clarithromycin <sup>2D</sup>	250mg to 500mg BD <sup>2D</sup>	BNF for children	5 days <sup>2D,5A+</sup>	supporting evidence and rationales on
Last updated: Oct 2018	increased risk of developing complications. 1D	Optimise analgesia <sup>2D</sup> and gi	ve safety netting adv	ce		the <u>PHE</u> <u>website</u>
Acute otitis		First choice: amoxicillin	-		5 to 7 days	
media	dose for age or weight at the right time and maximum doses for severe pain).	Penicillin allergy: clarithromycin OR	-		5 to 7 days	
NICE	Otorrhoea or under 2 years with infection in both ears: no, back-up or immediate antibiotic.	erythromycin (preferred if pregnant)	-	The Section of the Se		Otitis media (poute): antimicrobial prescribing mot
Public Health England	Otherwise: no or back-up antibiotic.  Systemically very unwell or high risk of complications: immediate antibiotic.  For detailed information click on the visual summary.	Second choice: co- amoxiclav	-	The Section of the Control of the Co	5 to 7 days	Table 1 Table
Last updated: Feb 2018	To actuated information clock on the victor culturary.					
Acute otitis externa	First line: analgesia for pain relief, 1D,2D and apply localised heat (such as a warm flannel).2D Second line: topical acetic acid or topical	Second line: topical acetic acid 2% <sup>2D,4B-</sup> OR	1 spray TDS <sup>5A-</sup>	BNF for children	7 days <sup>5A</sup>	Not a silable
Public Health England	antibiotic +/- steroid: similar cure at 7 days. <sup>2D,3A+,4B-</sup>	topical neomycin sulphate with corticosteroid <sup>2D,5A</sup> -	3 drops TDS <sup>5A-</sup>	BNF	7 days (min) to 14 days (max) <sup>3A+</sup>	Not available. Access supporting
Last updated: Nov 2017	If cellulitis or disease extends outside ear canal, or systemic signs of infection, start oral flucloxacillin and refer to exclude malignant otitis	(consider safety issues if perforated tympanic membrane) <sup>6B</sup> -		for children		evidence and rationales on the PHE
	externa. <sup>1D</sup>	If cellulitis: flucloxacillin <sup>7B+</sup>	250mg QDS <sup>2D</sup> If severe: 500mg QDS <sup>2D</sup>	BNF for children	7 days <sup>2D</sup>	<u>website</u>

Infection	Key points	Medicine	Doses	0	Length	Visual
	• •		Adult	Child		summary
Sinusitis	Advise paracetamol or ibuprofen for pain. Little evidence that nasal saline or nasal	First choice: phenoxymethylpenicillin	500mg QDS		5 days	
NICE	decongestants help, but people may want to try them.  Symptoms for 10 days or less: no antibiotic.	Penicillin allergy: doxycycline (not in under 12s) OR	200mg on day 1, then 100mg OD	_		
MICE	Symptoms with no improvement for more than 10 days: no antibiotic or back-up antibiotic depending on likelihood of bacterial cause.  Consider high-dose nasal corticosteroid (if over	clarithromycin <b>OR</b>	500mg BD	1	5 days	Sinusitis (acute): antimicrobial prescribing MCC
Public Health England		erythromycin (preferred if pregnant)	250 to 500mg QDS or 500 to 1000mg BD	The second of th		
Last updated: Oct 2017	12 years).  Systemically very unwell or high risk of complications: immediate antibiotic.  For detailed information click on the visual summary.	Second choice or first choice if systemically very unwell or high risk of complications: co-amoxiclav	500/125mg TDS		5 days	
▼ Lower res	piratory tract infections					
Acute exacerbation of COPD	infections so will not respond to antibiotics. Consider an antibiotic, but only after taking into	First choice: amoxicillin OR	500mg TDS (see BNF for severe infection)	-	5 days	
NICE		doxycycline <b>OR</b>	200mg on day 1, then 100mg OD (see BNF for severe infection)	-		
	complications, previous sputum culture and susceptibility results, and risk of resistance with	clarithromycin	500mg BD	<b>†</b> -		
Public Health	repeated courses.	Second choice: use alterna	ative first choice			CONDUCTOR COMMISSION OF A PART OF THE CONDUCTOR OF THE CO
England	Some people at risk of exacerbations may have antibiotics to keep at home as part of their exacerbation action plan.  For detailed information click on the visual summary.	Alternative choice (if person at higher risk of treatment failure): co-amoxiclav OR	500/125mg TDS	-		### A
Last updated: Dec 2018	See also the NICE guideline on COPD in over 16s.	co-trimoxazole <b>OR</b>	960mg BD	-	-	
233 20 10		levofloxacin (with specialist advice if co-amoxiclav or co-trimoxazole cannot be used; consider safety issues)	500mg OD	-	5 days	
		IV antibiotics (click on visu				

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Infection	Key points	Medicine	Adult	Child	Length	summary	
Acute exacerbation of bronchiectasis	Send a sputum sample for culture and susceptibility testing.  Offer an antibiotic.  When choosing an antibiotic, take account of	First choice empirical treatment: amoxicillin (preferred if pregnant) OR	500mg TDS		7 to 14 days		
(non-cystic fibrosis)	severity of symptoms and risk of treatment failure. People who may be at higher risk of	doxycycline (not in under 12s) <b>OR</b>	200mg on day 1, then 100mg OD				
	treatment failure include people who've had	clarithromycin	500mg BD				
NICE Public Health	repeated courses of antibiotics, a previous sputum culture with resistant or atypical bacteria, or a higher risk of developing complications.  Course length is based on severity of	Alternative choice (if person at higher risk of treatment failure) empirical treatment: co-amoxiclay OR	500/125mg TDS	The second secon		The second control of	
England	bronchiectasis, exacerbation history, severity of exacerbation symptoms, previous culture and susceptibility results, and response to treatment.	levofloxacin (adults only: with specialist advice if co-amoxiclay cannot be	500mg OD or BD		7 to 14 days	The second secon	
Last updated:	Do not routinely offer antibiotic prophylaxis to prevent exacerbations.  Seek specialist advice for preventing exacerbations in people with repeated acute exacerbations. This may include a trial of antibiotic prophylaxis after a discussion of the possible benefits and harms, and the need for	used; consider safety issues) <b>OR</b>					
Dec 2018		ciprofloxacin (children only: with specialist advice if co-amoxiclav cannot be used; consider safety issues)	-				
	regular review.	IV antibiotics (click on visu	al summary)				
	For detailed information click on the visual summary.	When current susceptibili	ty data available: ch	oose antib	piotics accordingly	-	
COVID-19	Antibiotics should not be used for preventing or tre	eating COVID-19 unless there	e is clinical suspicion o	of addition	al bacterial co-infecti	on.	
	Do not use azithromycin to treat COVID-19.						
NICE	Do not offer an antibiotic for preventing secondary	bacterial pneumonia in peop	le with COVID-19.				
	If a person in the community has suspected or cor community-acquired pneumonia for choices.	nfirmed secondary bacterial p	neumonia, start antibi	otic treatn	nent as soon as poss	ible, see	
Last updated: June 2021	In hospital, start empirical antibiotics if there is clinical suspicion of a secondary bacterial infection in people with COVID-19, see <a href="https://hospital-acquired-neumonia">hospital-acquired neumonia</a> for choices. Start antibiotics as soon as possible after establishing a diagnosis of secondary bacterial pneumonia, and certainly within 4 hours. Start treatment within 1 hour if the person has suspected sepsis and meets any of the high-risk criteria for this outlined in the <a href="https://hospital-acquired-neumonia">NICE</a> guideline on sepsis.						
	For detailed information, see the <u>NICE guideline on ma</u>	naging COVID-19.					

Infontion	Key points	Madiaina	Doses		, Length	Visual
Infection		Medicine	Adult	Child	Length	summary
Acute cough	Some people may wish to try honey (in over 1s), the herbal medicine pelargonium (in over 12s),	Adults first choice: doxycycline	200mg on day 1, then 100mg OD	-		Coath pants arthropolic procifing
NICE	guaifenesin (in over 12s) or cough medicines containing cough suppressants, except codeine, (in over 12s). These self-care treatments have limited evidence for the relief of cough	Adults alternative first choices: amoxicillin (preferred if pregnant) OR	500mg TDS	-	Edova	
Public Health	symptoms.	clarithromycin <b>OR</b>	250mg to 500mg BD	-	5 days	
England  Last updated:	Acute cough with upper respiratory tract infection: no antibiotic.  Acute bronchitis: no routine antibiotic.	erythromycin (preferred if pregnant)	250mg to 500mg QDS or 500mg to 1000mg	-		
Feb 2019	Acute cough and higher risk of complications (at face-to-face examination): immediate or back-up antibiotic.	Children first choice: amoxicillin	BD -			
	Acute cough and systemically very unwell (at face to face examination): immediate antibiotic.	Children alternative first choices: clarithromycin OR	-			
	Higher risk of complications includes people with	erythromycin <b>OR</b>				
	pre-existing comorbidity; young children born prematurely; people over 65 with 2 or more of, or over 80 with 1 or more of: hospitalisation in previous year, type 1 or 2 diabetes, history of congestive heart failure, current use of oral corticosteroids.	doxycycline (not in under 12s)			5 days	
	Do not offer a mucolytic, an oral or inhaled bronchodilator, or an oral or inhaled corticosteroid unless otherwise indicated.					
	For detailed information click on the visual summary.					

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Infection	Key points	Medicine	Adult	Child	Length	summary
Community-	Assess severity in adults based on clinical	First choice (low severity	500mg TDS			
acquired	judgement and guided by a mortality risk score	in adults or non-severe	(higher doses can			
pneumonia	(CRB65 or CURB65) when these scores can be	in children):	be used, see BNF)			
-	calculated:	amoxicillin	,			
	low severity – CRB65 0 or CURB65 0 or 1	Alternative first choice	200mg on day 1,			
	moderate severity – CRB65 1 or 2 or CURB65	(low severity in adults or	then 100mg OD	Total Control of the	5 days*	
NICE	2	non-severe in children):		The second secon	Juays	
MICL		doxycycline (not in under				
	high severity – CRB65 3 or 4 or CURB65 3 to 5.	12s) <b>OR</b>		-		
		clarithromycin <b>OR</b>	500mg BD	-		
Public Health	1 point for each parameter: confusion, (urea	erythromycin (in	500mg QDS			
England	>7 mmol/l), respiratory rate ≥30/min, low	pregnancy)				_
	systolic (<90 mm Hg) or diastolic (≤60 mm Hg)	First choice (moderate	500mg TDS			
	blood pressure, age ≥65.	severity in adults):	(higher doses can			
Last updated: Sept 2019	Assess severity in children based on clinical	amoxicillin	be used, see BNF)	-		
2019	judgement.	AND (if atypical				
	Offer an antibiotic. Start treatment as soon as	pathogens suspected)			-	Pre-month-scorescriby-adapted withfriend if predcribing MICE
	possible after diagnosis, within 4 hours (within	clarithromycin <b>OR</b>	500mg BD	-	*	The second secon
	1 hour if sepsis suspected and person meets	erythromycin (in	500mg QDS	-	5 days*	* Management   Man
	any high risk criteria – see the NICE guideline	pregnancy) Alternative first choice	200,000,000,000,000		_	* Constitution of the Cons
	on sepsis).		200mg on day 1, then 100mg OD			THE PROPERTY CALL TOWNS IN THE
	When choosing an antibiotic, take account of	(moderate severity in adults):	Their rooming OD	-		
	severity, risk of complications, local antimicrobial	doxycycline <b>OR</b>				
	resistance and surveillance data, recent	clarithromycin	500mg BD		_	
	antibiotic use and microbiological results.	First choice (high	500/125mg TDS	_		_
	* Stop antibiotics after 5 days unless	severity in adults or	300/125/11g 1D0			
	microbiological results suggest a longer course	severe in children):				
	is needed or the person is not clinically stable.	co-amoxiclav				
	For detailed information click on the visual summary.	AND (if atypical		CONTRACTOR AND ADDRESS OF THE PROPERTY OF THE		
	·	pathogens suspected)		The second secon		
		clarithromycin <b>OR</b>	500mg BD		5 days*	
		erythromycin (in	500mg QDS		,	
		pregnancy)				
		Alternative first choice	500mg BD			
		(high severity in adults):				
		levofloxacin (consider		-		
		safety issues)				
		IV antibiotics (click on visua	al summary)			

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Infection	Key points	Medicine	Adult	Child	Length	summary
Hospital- acquired pneumonia	If symptoms or signs of pneumonia start within 48 hours of hospital admission, see community acquired pneumonia.  Offer an antibiotic. Start treatment as soon as	First choice (non-severe and not higher risk of resistance): co-amoxiclav	500/125 mg TDS		5 days then review	
Public Health England  Last updated: Sept 2019	1 hour if sepsis suspected and person meets any high risk criteria – see the NICE guideline on sepsis).  When choosing an antibiotic, take account of severity of symptoms or signs, number of days in hospital before onset of symptoms, risk of developing complications, local hospital and ward-based antimicrobial resistance data, recent antibiotic use and microbiological results, recent	Adults alternative first choice (non-severe and not higher risk of resistance) Choice based on specialist microbiological advice and local resistance data Options include: doxycycline	200mg on day 1, then 100mg OD	-	- 5 days then review	Percent Accessing anothers profiles 4th access
2019		cefalexin (caution in penicillin allergy)	500 mg BD or TDS (can increase to 1 to 1.5g TDS or QDS)	-		
	No validated severity assessment tools are	co-trimoxazole	960mg BD	_		Table 1 Comment of the Comment of th
	available. Assess severity of symptoms or signs based on clinical judgement.  Higher risk of resistance includes relevant comorbidity (such as severe lung disease or immunosuppression), recent use of broad spectrum antibiotics, colonisation with multi-drug	levofloxacin (only if switching from IV levofloxacin with specialist advice; consider safety issues)	500mg OD or BD	-		Community
	resistant bacteria, and recent contact with health and social care settings before current admission.  If symptoms or signs of pneumonia start within days 3 to 5 of hospital admission in people not at higher risk of resistance, consider following community acquired pneumonia for choice of antibiotic.  For detailed information click on the visual summary.	Children alternative first choice (non-severe and not higher risk of resistance): clarithromycin Other options may be suitable based on specialist microbiological advice and local resistance data	-		-	
		For first choice IV antibiot antibiotics to be added if s visual summary				

Infection	Key points	Medicine	Doses		Length	Visual
	• •	Micalcinic	Adult	Child	Longin	summary
	act infections					
Lower urinary tract infection	Advise paracetamol or ibuprofen for pain.  Non-pregnant women: back up antibiotic (to use if no improvement in 48 hours or symptoms worsen at any time) or immediate antibiotic.	Non-pregnant women first choice: nitrofurantoin (if eGFR ≥45 ml/minute) OR	100mg m/r BD (or if unavailable 50mg QDS)	-	3 days	
NICE	Pregnant women, men, children or young people: immediate antibiotic.	trimethoprim (if low risk of resistance)	200mg BD	-		
Public Health England	When considering antibiotics, take account of severity of symptoms, risk of complications, previous urine culture and susceptibility results, previous antibiotic use which may have led to	Non-pregnant women second choice: nitrofurantoin (if eGFR ≥45 ml/minute) OR	100mg m/r BD (or if unavailable 50mg QDS)	-	3 days	
	resistant bacteria and local antimicrobial resistance data.	pivmecillinam (a penicillin) OR	400mg initial dose, then 200mg TDS	-	3 days	
Last updated: Oct 2018	If people have symptoms of pyelonephritis (such as fever) or a complicated UTI, see <u>acute</u>	fosfomycin	3g single dose sachet	-	single dose	
	pyelonephritis (upper urinary tract infection) for antibiotic choices.  For detailed information click on the visual summary.  See also the NICE guideline on urinary tract infection in under 16s; diagnosis and management and the	Pregnant women first choice: nitrofurantoin (avoid at term) – if eGFR ≥45 ml/minute	100mg m/r BD (or if unavailable 50mg QDS)	-	7 days	III Desired unbiase abid proceeding.
	in under 16s: diagnosis and management and the Public Health England urinary tract infection: diagnostic tools for primary care.	Pregnant women second choice: amoxicillin (only if culture results available and susceptible) OR	500mg TDS	-	7 days	
		cefalexin	500mg BD	-	-	
		Treatment of asymptomati nitrofurantoin (avoid at term) and susceptibility results				
		Men first choice: trimethoprim OR	200mg BD	-		
		nitrofurantoin (if eGFR ≥45 ml/minute)	100mg m/r BD (or if unavailable 50mg QDS)	-	7 days	
		Men second choice: consider on recent culture and susce		ses basin	g antibiotic choice	

Infection	Key points	Medicine	Doses		Longth	Visual
iniection	Key points	weatcine	Adult	Child	Length	summary
		Children and young people (3 months and over) first choice: trimethoprim (if low risk of resistance) OR	-			
		nitrofurantoin (if eGFR ≥45 ml/minute)	-			
		Children and young people (3 months and over) second choice: nitrofurantoin (if eGFR ≥45 ml/minute and not used as first choice) OR	-	The part of the pa		
		amoxicillin (only if culture results available and susceptible) <b>OR</b>	-			
		cefalexin	-			
Acute prostatitis	Advise paracetamol (+/- low-dose weak opioid) for pain, or ibuprofen if preferred and suitable.  Offer antibiotic.  Review antibiotic treatment after 14 days and either stop antibiotics or continue for a further	First choice (guided by susceptibilities when available): ciprofloxacin (consider safety issues) OR	500mg BD	-		
NICE	14 days if needed (based on assessment of history, symptoms, clinical examination, urine	ofloxacin (consider safety issues) <b>OR</b>	200mg BD	-	14 days then review	Processite locate acting-policy prescribing recourses
Public Health England	and blood tests).  For detailed information click on the visual summary.	trimethoprim (if fluoroquinolone not appropriate; seek specialist advice)	200mg BD	-	14 days, then review	
Last updated: Oct 2018		Second choice (after discussion with specialist): levofloxacin (consider safety issues) OR	500mg OD	-		
		co-trimoxazole	960mg BD	-		
		IV antibiotics (click on visu	al summary)			

Infontion	Key points	Medicine	Doses		Longith	Visual
Infection		Wedicine	Adult	Child	Length	summary
Acute pyelonephritis (upper urinary tract)	for pain for people over 12.  Offer an antibiotic.  When prescribing antibiotics, take account of severity of symptoms, risk of complications, previous urine culture and susceptibility results.	Non-pregnant women and men first choice: cefalexin OR	500mg BD or TDS (up to 1g to 1.5g TDS or QDS for severe infections)	-	7 to 10 days	
		co-amoxiclav (only if culture results available and susceptible) <b>OR</b>	500/125mg TDS	-	7 to 10 days	
NICE	resistant bacteria and local antimicrobial resistance data.  Avoid antibiotics that don't achieve adequate	trimethoprim (only if culture results available and susceptible) <b>OR</b>	200mg BD	-	14 days	
Public Health	levels in renal tissue, such as nitrofurantoin.  For detailed information click on the visual summary.	ciprofloxacin (consider safety issues)	500mg BD	-	7 days	eyelooghim tound animomial precising MCI
England	See also the NICE guideline on urinary tract infection in under 16s: diagnosis and management and the	Non-pregnant women and	The state of the s			
Last updated: Oct 2018	in under 16s: diagnosis and management and the Public Health England urinary tract infection: diagnostic tools for primary care.	Pregnant women first choice: cefalexin	500mg BD or TDS (up to 1g to 1.5g TDS or QDS for severe infections)	-	7 to 10 days	The state of the s
		Pregnant women second	1			
		Children and young people (3 months and over) first choice: cefalexin OR	-	The second secon	-	
		co-amoxiclav (only if culture results available and susceptible)	-	Will have a remaining to the control of the control		
		Children and young peopl visual summary)	le (3 months and ove	er) IV anti	biotics (click on	

Infaction	Key points	Madiaina	Doses		Length	Visual
Infection		Medicine	Adult	Child	Lengui	summary
Recurrent urinary tract infection	First advise about behavioural and personal hygiene measures, and self-care (with D-mannose or cranberry products) to reduce the risk of UTI.	First choice antibiotic prophylaxis: trimethoprim (avoid in pregnancy) OR	200mg single dose when exposed to a trigger or 100mg at night	The second secon	-	
NICE	For postmenopausal women, if no improvement, consider vaginal oestrogen (review within 12 months).	nitrofurantoin (avoid at term) - if eGFR ≥45 ml/minute	100mg single dose when exposed to a trigger or	The second secon	-	
Public Health England	For non-pregnant women, if no improvement, consider single-dose antibiotic prophylaxis for exposure to a trigger (review within 6 months).	Second choice antibiotic	50 to 100mg at night 500mg single dose	Chair chair and an area of the chair and a second a		Util tecamest, and nicotal proording. Most retricted.
Last updated Oct 2018	For non-pregnant women (if no improvement or no identifiable trigger) or with specialist advice for pregnant women, men, children or young	prophylaxis: amoxicillin OR	when exposed to a trigger or 250mg at night	Section of the sectio	-	The state of the s
	people, consider a trial of daily antibiotic prophylaxis (review within 6 months).  For detailed information click on the visual summary. See also the NICE guideline on urinary tract infection in under 16s: diagnosis and management and the Public Health England urinary tract infection: diagnostic tools for primary care.	cefalexin	500mg single dose when exposed to a trigger or 125mg at night	The second secon	-	

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Infection	Key points	Medicine	Adult	Child	Length	summary
Catheter- associated urinary tract infection	Antibiotic treatment is not routinely needed for asymptomatic bacteriuria in people with a urinary catheter.  Consider removing or, if not possible, changing the catheter if it has been in place for more than	Non-pregnant women and men first choice if no upper UTI symptoms: nitrofurantoin (if eGFR ≥45 ml/minute) OR	100mg m/r BD (or if unavailable 50mg QDS)	-	····· 7 days	
	Advise paracetamol for pain.  Advise drinking enough fluids to avoid dehydration.  Offer an antibiotic for a symptomatic infection.  When prescribing antibiotics, take account of severity of symptoms, risk of complications, previous urine culture and susceptibility results, previous antibiotic use which may have led to	trimethoprim (if low risk of resistance) <b>OR</b>	200mg BD	-	7 days	
NICE		amoxicillin (only if culture results available and susceptible)	500mg TDS	-		
Public Health England		Non-pregnant women and men second choice if no upper UTI symptoms: pivmecillinam (a penicillin)	400mg initial dose, then 200mg TDS	-	7 days	
Last updated: Nov 2018	resistance data.  Do not routinely offer antibiotic prophylaxis to people with a short-term or long-term catheter.  For detailed information click on the visual summary.	Non-pregnant women and men first choice if upper UTI symptoms: cefalexin OR	500mg BD or TDS (up to 1g to 1.5g TDS or QDS for severe infections)	-	7 to 10 days	
	See also the <u>Public Health England urinary tract</u> infection: diagnostic tools for primary care.	co-amoxiclav (only if culture results available and susceptible) <b>OR</b>	500/125mg TDS	-	-	
		trimethoprim (only if culture results available and susceptible) <b>OR</b>	200mg BD	-	14 days	
		ciprofloxacin (consider safety issues)	500mg BD	-	7 days	
		Non-pregnant women and	men IV antibiotics (	click on v	isual summary)	1
		Pregnant women first choice: cefalexin	500mg BD or TDS (up to 1g to 1.5g TDS or QDS for severe infections)	-	7 to 10 days	
		Pregnant women second	choice or IV antibiot	ics (click	on visual summary)	

lufo eti e u	Voy points	Madiaina	Doses		l ovovitle	Visual
Infection	Key points	Medicine	Adult	Child	Length	summary
		Children and young people (3 months and over) first choice: trimethoprim (if low risk of resistance) OR	-			
		amoxicillin (only if culture results available and susceptible) <b>OR</b>	-	The second secon	-	
		cefalexin <b>OR</b>	-			
		co-amoxiclav (only if culture results available and susceptible)	-			
		Children and young peopl visual summary)	e (3 months and ov	er) IV anti	biotics (click on	
▼ Meningitis						
Suspected meningococcal disease Public Health England Last updated: Feb 2019	Transfer all patients to hospital immediately. <sup>1D</sup> If time before hospital admission, <sup>2D,3A+</sup> if suspected meningococcal septicaemia or non-blanching rash, <sup>2D,4D</sup> give IV benzylpenicillin <sup>1D,2D,4D</sup> as soon as possible. <sup>2D</sup> Do not give IV antibiotics if there is a definite history of anaphylaxis; <sup>1D</sup> rash is not a contraindication. <sup>1D</sup>	IV or IM benzylpenicillin <sup>1D,2D</sup>	Child <1 year: 300r Child 1 to 9 years: 0 Adult/child 10+ yea	600mg <sup>5D</sup> rs: 1.2g <sup>5D</sup>	Stat dose; <sup>1D</sup> give IM, if vein cannot be accessed <sup>1D</sup>	Not available. Access the supporting evidence and rationales on the PHE website
Prevention of secondary case of meningitis Public Health England Last updated: July 2019	Only prescribe following advice from your local he Out of hours: contact on-call doctor:   [INSERT For Expert advice is available for managing clusters of Public Health England, Colindale (tel: 0208 200 44 AWARe (all Wales Acute Response team) (tel: 03 Access the supporting evidence and rationales on the Expert Acute Response team)	PHONE NUMBER] f meningitis. Please alert the a 400) 00 003 0032)	•		-	

Infection	Key points	Medicine	Doses		Longith	Visual
			Adult	Child	Length	summary
<b>▼</b> Gastroint	estinal tract infections					
Oral candidiasis	Topical azoles are more effective than topical nystatin. 1A+ Oral candidiasis is rare in immunocompetent	Miconazole oral gel <sup>1A+,4D,5A-</sup>	2.5ml of 24mg/ml QDS (hold in mouth after food)	BNF for children	7 days; continue for 7 days after resolved <sup>4D,6D</sup>	Not available.
Public Health	adults; <sup>2D</sup> consider undiagnosed risk factors, including HIV. <sup>2D</sup>	If not tolorated: pystatic	4D 1ml;		resolved	Access supporting
England  Last updated: Oct 2018	Use 50mg fluconazole if extensive/severe candidiasis; <sup>3D,4D</sup> if HIV or immunocompromised, use 100mg fluconazole. <sup>3D,4D</sup>	If not tolerated: nystatin suspension <sup>2D,6D,7A</sup> -	100,000units/ml QDS (half in each side) <sup>2D,4D,7A</sup> -	BNF for children	7 days; continue for 2 days after resolved <sup>4D</sup>	evidence and rationales on the <u>PHE</u> website
5	fluconazole capsules <sup>6D,7A-</sup>	50mg/100mg OD <sup>3D,6D,8A-</sup>	BNF for children	7 to 14 days <sup>6D,7A</sup> -		
Infectious	Refer previously healthy children with acute painfo	ul or bloody diarrhoea, to excl	ude <i>E. coli</i> O157 infed	tion.1D		1
diarrhoea	Antibiotic therapy is not usually indicated unle	ess patient is systemically u	nwell.2D If systemical	ly unwell a	and campylobacter su	uspected (such
Public Health	as undercooked meat and abdominal pain),3D con	sider clarithromycin 250mg to	500mg BD for 5 to 7	days, if tre	eated early (within 3 o	days). <sup>3D,4A+</sup>
England	If giardia is confirmed or suspected – tinidazole 20	g single dose is the treatment	of choice. <sup>5A+</sup>			
Last updated: Oct 2018	Access the supporting evidence and rationales on the	PHE website.				
Traveller's diarrhoea	Prophylaxis rarely, if ever, indicated. <sup>1D</sup> Consider <b>standby</b> antimicrobial only for patients at high	Standby: azithromycin	500mg OD <sup>1D,3A+</sup>	-	1 to 3 days <sup>1D,2D,3A+</sup>	Not available. Access
Public Health England Last updated: Oct 2018	risk of severe illness, <sup>2D</sup> or visiting high-risk areas. <sup>1D,2D</sup>	Prophylaxis/treatment: bismuth subsalicylate	2 tablets QDS <sup>1D,2D</sup>	-	2 days <sup>1D,2D,4A</sup> -	- supporting evidence and rationales on the <u>PHE</u> website
Threadworm  Public Health	Treat all household contacts at the same time. 1D Advise hygiene measures for 2 weeks 1D	Adult/Child >6 months: mebendazole <sup>1D,3B</sup> -	100mg stat <sup>3B-</sup>	BNF for children	1 dose; <sup>3B-</sup> repeat in 2 weeks if persistent <sup>3B-</sup>	Not available.
England  Last updated:	(hand hygiene; <sup>2D</sup> pants at night; morning shower, including perianal area). <sup>1D,2D</sup> Wash sleepwear, bed linen, and dust and vacuum. <sup>1D</sup>	Child <6 months or pregnant woman (at least in first trimester):	-	-	-	Not available.  - Access supporting evidence and rationales on

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Infection	Key points	Medicine	Adult	Child	Length	summary
Clostridioides difficile infection	For suspected or confirmed <i>C. difficile</i> infection, see <u>Public Health England's guidance on diagnosis and reporting</u> .	First-line for first episode of mild, moderate or severe:	125mg QDS	BNF for children		
NICE	Assess: whether it is a first or further episode, severity of infection, individual risk factors for complications or recurrence (such as age, frailty or comorbidities).	vancomycin  Second-line for first episode of mild, moderate or severe if	200mg BD	BNF		
Public Health	<b>Existing antibiotics</b> : review and stop unless essential. If still essential, consider changing to one with a lower risk of <i>C. difficile</i> infection.	vancomycin ineffective:		for children		
England  Last updated: Jul 2021	Review the need to continue: proton pump inhibitors, other medicines with gastrointestinal activity or adverse effects (such as laxatives), medicines that may cause problems if people are dehydrated (such as NSAIDs).	For further episode within 12 weeks of symptom resolution (relapse): fidaxomicin	200mg BD	BMF for children	10 days	State All A state of the Armetic Management of the Control of the
	Do not offer antimotility medicines such as loperamide.  Offer an oral antibiotic to treat suspected or	For further episode more than 12 weeks after symptom resolution (recurrence):	125mg QDS	BMF for children		
	confirmed <i>C. difficile</i> infection.  For adults, consider seeking prompt specialist	vancomycin <b>OR</b> fidaxomicin	200mg BD	BNF		
	advice from a microbiologist or infectious diseases specialist before starting treatment.  For children and young people, treatment should be started by, or after advice from, a microbiologist, paediatric infectious diseases specialist or paediatric gastroenterologist.  If antibiotics have been started for suspected C. difficile infection, and subsequent stool sample tests do not confirm infection, consider stopping these antibiotics.  For detailed information click on the visual summary.	For alternative antibiotics ineffective or for life-threa visual summary)	if first- and secon	for children nd-line antib		

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Infection	Key points	Medicine	Adult	Child	Length	summary
Helicobacter pylori	Always test for <i>H.pylori</i> before giving antibiotics. Treat all positives, if known DU, GU, <sup>1A+</sup> or low-grade MALToma. <sup>2D,3D</sup> NNT in non-ulcer dyspepsia: 14. <sup>4A+</sup>	Always use PPI <sup>2D,3D,5A+,12A+</sup> First line and first relapse and no penicillin	-	BNF for children		
Public Health England	Do not offer eradication for GORD. <sup>3D</sup> Do not use clarithromycin, metronidazole or quinolone if used in the past year for any	allergy PPI PLUS 2 antibiotics amoxicillin <sup>2D,6B+</sup> PLUS	1000mg BD <sup>14A+</sup>	BNF for children		
See PHE quick	infection. <sup>5A+,6B+,7A+</sup> <b>Penicillin allergy</b> : use PPI <b>PLUS</b> clarithromycin	clarithromycin <sup>2D,6B+</sup> <b>OR</b>	500mg BD <sup>8A-</sup>	BNF for children		
reference guide for diagnostic advice: PHE	PLUS metronidazole. <sup>2D</sup> If previous clarithromycin, use PPI PLUS bismuth salt	metronidazole <sup>2D,6B+</sup>	400mg BD <sup>2D</sup>	BNF for children		
H. pylori  Last updated:	PLUS metronidazole PLUS tetracycline hydrochloride. PLUS tetracycline hydrochloride. PLUS anoxicillin allergy use PPI PLUS amoxicillin PLUS clarithromycin or metronidazole (whichever was not used first	Penicillin allergy and previous clarithromycin: PPI WITH bismuth subsalicylate PLUS 2 antibiotics	-	-	7 days <sup>2D</sup> MALToma 14 days <sup>7A+,16A+</sup>	
Feb 2019	line) <sup>2D</sup>	bismuth subsalicylate <sup>13A+</sup> <b>PLUS</b>	525mg QDS <sup>15D</sup>		, rr days	Not available. Access
	Relapse and previous metronidazole and clarithromycin: use PPI PLUS amoxicillin	metronidazole <sup>2D</sup> <b>PLUS</b>	400mg BD <sup>2D</sup>	BNF for children		supporting evidence and
	<b>PLUS</b> either tetracycline <b>OR</b> levofloxacin (if tetracycline not tolerated). <sup>2D,7A+</sup>	tetracycline <sup>2D</sup>	500mg QDS <sup>15D</sup>			rationales on the PHE
	Relapse and penicillin allergy (no exposure to quinolone): use PPI PLUS metronidazole PLUS levofloxacin. <sup>2D</sup>	Relapse and previous metronidazole and clarithromycin: PPI PLUS 2 antibiotics	-	-		<u>website</u>
	Relapse and penicillin allergy (with exposure to quinolone): use PPI PLUS bismuth salt	amoxicillin <sup>2D,7A+</sup> PLUS	1000mg BD <sup>14A+</sup>	BNF for children		
	PLUS metronidazole PLUS tetracycline. <sup>2D</sup>	tetracycline <sup>2D,7A+</sup> <b>OR</b>	500mg QDS <sup>15D</sup>			
	Retest for <i>H. pylori</i> : post DU/GU, or relapse after second-line therapy, <sup>1A+</sup> using UBT or	levofloxacin (if tetracycline cannot be used) <sup>2D,7A+</sup>	250mg BD <sup>7A+</sup>			
	SAT, 10A+,11A+ consider referral for endoscopy and culture. <sup>2D</sup>	Third line on advice: PPI WITH	-	-		
	Gallaro.	bismuth subsalicylate PLUS	525mg QDS <sup>15D</sup>	-	10 deve	
		2 antibiotics as above not previously used <b>OR</b>	-	-	10 days	
		rifabutin <sup>14A+</sup> <b>OR</b>	150mg BD	_		
		furazolidone <sup>17A+</sup>	200mg BD	-		

Infaction	Voy points	Madiaina	Doses		Loronth	Visual
Infection	Key points	Medicine	Adult	Child	Length	summary
Acute diverticulitis	consider no antibiotics, offer simple analgesia (for example paracetamol), advise to re-present if symptoms persist or worsen.  Acute diverticulitis and systemically unwell, immunosuppressed or significant comorbidity: offer an antibiotic.  Give oral antibiotics if person not referred to hospital for suspected complicated acute diverticulitis.  Give IV antibiotics if admitted to hospital with suspected or confirmed complicated acute diverticulitis (including diverticular abscess). If CT-confirmed uncomplicated acute diverticulitis, review the need for antibiotics.  * A longer course may be needed based on clinical assessment.	First-choice (uncomplicated acute diverticulitis): co-amoxiclav	500/125mg TDS	-		
NICE  Last updated: Nov 2019		Penicillin allergy or co-amoxiclav unsuitable: cefalexin (caution in penicillin allergy) AND metronidazole OR	cefalexin: 500mg BD or TDS (up to 1g to 1.5g TDS or QDS for severe infections) metronidazole: 400mg TDS	-	5 days*	Discribing these enthicidal processing with the control of the con
		trimethoprim AND metronidazole OR	trimethoprim: 200mg BD metronidazole: 400mg TDS	-	Juays	The second secon
		ciprofloxacin (only if switching from IV ciprofloxacin with specialist advice; consider safety issues) AND metronidazole	ciprofloxacin: 500mg BD metronidazole: 400mg TDS			
		For IV antibiotics in comp diverticular abscess) see		culitis (in	cluding	
▼ Genital tra	act infections					
STI screening	People with risk factors should be screened for ch	nlamydia, gonorrhoea, HIV and	d syphilis.1D Refer inc	lividual an	d partners to GUM.¹□	)
Public Health England Last updated: Nov 2017	Risk factors: <25 years; no condom use; recent/s  Access the supporting evidence and rationales on the I		mptomatic or infected	d partner;	area of high HIV. <sup>2B-</sup>	

Infontion	Key points	Madiaina	Doses		Longith	Visual
Infection		Medicine	Adult	Child	Length	summary
Chlamydia trachomatis/	Opportunistically screen all sexually active patients aged 15 to 24 years for chlamydia	First line: doxycycline <sup>4A+,11A-,12A+</sup>	100mg BD <sup>4A+,11A-</sup> ,12A+		7 days <sup>4A+,11A-,12A+</sup>	
urethritis	annually and on change of sexual partner. 1B-  If positive, treat index case, refer to GUM and initiate partner notification, testing and	Second line/ pregnant/breastfeeding/	1000mg <sup>4A+,11A-,12A+</sup> then		Stat <sup>4A+,11A-,12A+</sup>	
Public Health	treatment. <sup>2D,3A+</sup> As single dose azithromycin has led to	allergy/intolerance: azithromycin <sup>4A+,11A-,12A+</sup>	500mg OD <sup>4A+,11A-</sup> ,12A+		2 days <sup>4A+,11A-,12A+</sup> (total 3 days)	
England	increased resistance in GU infections, doxycycline should be used first line for chlamydia and urethritis. 4A+					
Last updated: July 2019	Advise patient with chlamydia to abstain from sexual intercourse until doxycycline is completed or for 7 days after treatment with azithromycin (14 days after azithromycin started and until symptoms resolved if urethritis). 3A+,4A+					Not available. Access
	If chlamydia, test for reinfection at 3 to 6 months following treatment if under 25 years; or consider if over 25 years and high risk of re-infection. 1B-,3B+, 5B-			-		supporting evidence and rationales on the <u>PHE</u> website
	Second line, pregnant, breastfeeding, allergy, or intolerance: azithromycin is most effective. 6A+,7D,8A+,9A+,10D As lower cure rate in pregnancy, test for cure at least 3 weeks after end of treatment. 3A+					
	Consider referring all patients with symptomatic urethritis to GUM as testing should include <i>Mycoplasma genitalium</i> and <i>Gonorrhoea</i> . <sup>11A-</sup>					
	If <i>M.genitalium</i> is proven, use doxycycline followed by azithromycin using the same dosing regimen and advise to avoid sex for 14 days after start of treatment and until symptoms have resolved. <sup>11A-,12A+</sup>					

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Infection	Key points	Medicine	Adult	Child	Length	summary
Epididymitis	Usually due to Gram-negative enteric bacteria in	Doxycycline <sup>1A+,2D</sup> <b>OR</b>	100mg BD <sup>1A+,2D</sup>		10 to 14 days <sup>1A+,2D</sup>	Not available. Access supporting evidence and rationales on the PHE website
	men over 35 years with low risk of STI. 1A+,2D	ofloxacin <sup>1A+,2D</sup> <b>OR</b>	200mg BD <sup>1A+,2D</sup>	1	14 days <sup>1A+,2D</sup>	
Public Health England Last updated: Nov 2017		ciprofloxacin <sup>1A+,2D</sup>	500mg BD <sup>1A+,2D,3A+</sup>	-	10 days <sup>1A+,2D,3A+</sup>	
Vaginal	All topical and oral azoles give over 80%	Clotrimazole <sup>1A+,5D</sup> <b>OR</b>	500mg pessary <sup>1A+</sup>		Stat <sup>1A+</sup>	
candidiasis	cure. <sup>1A+,2A+</sup>	fenticonazole <sup>1A+</sup> <b>OR</b>	600mg pessary <sup>1A+</sup>		Stat <sup>1A+</sup>	
	<b>Pregnant</b> : avoid oral azoles, the 7 day courses are more effective than shorter ones. 1A+,3D,4A+	clotrimazole <sup>1A+</sup> <b>OR</b>	100mg pessary <sup>1A+</sup>	1 -	6 nights <sup>1A+</sup>	Not available. Access
Public Health	l ora	oral fluconazole <sup>1A+,3D</sup>	150mg <sup>1A+,3D</sup>		Stat <sup>1A+</sup>	supporting
Last updated:	regland Recurrent (>4 episodes per year): 1A+ 150mg oral fluconazole every 72 hours for 3 doses induction. 1A+ followed by 1 dose once a week for	oral fluconazole every 72 hours for 3 doses induction, 1A+ followed by 1 dose once a week for fluconazole (induction/maintenance) 1A+	150mg every 72 hours THEN	_	3 doses	evidence and rationales on the <u>PHE</u> <u>website</u>
OCI 2016		w	150mg once a week <sup>1A+,3D</sup>		6 months <sup>1A+</sup>	
Bacterial	Oral metronidazole is as effective as topical	oral metronidazole <sup>1A+,3A+</sup>	400mg BD <sup>1A+,3A+</sup>		7 days <sup>1A+</sup>	
vaginosis	treatment,1A+ and is cheaper.2D	OR O	OR		OR	Not available. Access
	7 days results in fewer relapses than 2g stat at 4 weeks. 1A+,2D		2000mg <sup>1A+,2D</sup>		Stat <sup>2D</sup>	supporting
Public Health England	Pregnant/breastfeeding: avoid 2g dose. <sup>3A+,4D</sup> Treating partners does not reduce relapse. <sup>5A+</sup>	metronidazole 0.75% vaginal gel <sup>1A+,2D,3A+</sup> <b>OR</b>	5g applicator at night <sup>1A+,2D,3A+</sup>	] -	5 nights <sup>1A+,2D,3A+</sup>	evidence and rationales on the PHE website
Last updated: Nov 2017	Treating partiters does not reduce relapse.	clindamycin 2% cream <sup>1A+,2D</sup>	5g applicator at night <sup>1A+,2D</sup>		7 nights <sup>1A+,2D,3A+</sup>	
Genital herpes	Advise: saline bathing, 1A+ analgesia, 1A+ or	oral aciclovir <sup>1A+,2D,3A+,4A+</sup>	400mg TDS <sup>1A+,3A+</sup>		5 days <sup>1A+</sup>	
Public Health	topical lidocaine for pain, <sup>1A+</sup> and discuss transmission. <sup>1A+</sup>	OR	800mg TDS (if recurrent) <sup>1A+</sup>	-	2 days <sup>1A+</sup>	Not available. Access supporting
England	First episode: treat within 5 days if new lesions	valaciclovir <sup>1A+,3A+,4A+</sup> <b>OR</b>	500mg BD <sup>1A+</sup>		5 days <sup>1A+</sup>	evidence and
	or systemic symptoms, <sup>1A+,2D</sup> and refer to GUM. <sup>2D</sup>	famciclovir <sup>1A+,4A+</sup>	250mg TD <sup>1A+</sup>	-	5 days <sup>1A+</sup>	rationales on
Last updated: Nov 2017	<b>Recurrent</b> : self-care if mild, <sup>2D</sup> or immediate short course antiviral treatment, <sup>1A+,2D</sup> or suppressive therapy if more than 6 episodes per year. <sup>1A+,2D</sup>	1	1000mg BD (if recurrent) <sup>1A+</sup>		1 day <sup>1A+</sup>	the <u>PHE</u> <u>website</u>

1.6	W	Marilla Co.	Doses		1 (1)	Visual
Infection	Key points	Medicine	Adult	Child	Length	summary
Gonorrhoea Public Health England	Antibiotic resistance is now very high. 1D,2D Use IM ceftriaxone if susceptibility not known prior to treatment 2D.	ceftriaxone <sup>2D</sup> <b>OR</b>	1000mg IM <sup>2D</sup>		Stat <sup>2D</sup>	Not available. Access supporting
Last updated: Feb 2019	Use Ciprofloxacin <b>only</b> If susceptibility is known prior to treatment and the isolate is sensitive to ciprofloxacin at all sites of infection <sup>1D,2D</sup> Refer to GUM. <sup>3B-</sup> Test of cure is essential. <sup>2D</sup>	ciprofloxacin <sup>2D</sup> (only if known to be sensitive)	500mg <sup>2D</sup>		Stat <sup>2D</sup>	evidence and rationales on the PHE website
<b>Trichomoniasis</b> Public Health	Oral treatment needed as extravaginal infection common. <sup>1D</sup> Treat partners, <sup>1D</sup> and refer to GUM for other	metronidazole <sup>1A+,2A+,3D,6A+</sup>	400mg BD <sup>1A+,6A+</sup> 2g (more adverse effects) <sup>6A+</sup>		5 to 7 day <sup>1A+</sup> Stat <sup>1A+,6A+</sup>	Not available. Access supporting
England  Last updated: Nov 2017	STIs. 1D Pregnant/breastfeeding: avoid 2g single dose metronidazole; 2A+,3D clotrimazole for symptom relief (not cure) if metronidazole declined. 2A+,4A-	Pregnancy to treat symptoms: clotrimazole <sup>2A+,4A-,5D</sup>	100mg pessary at night <sup>5D</sup>	-	6 nights <sup>5D</sup>	evidence and rationales on the PHE website
Pelvic inflammatory		First line therapy: ceftriaxone <sup>1A+,3C,4C</sup> PLUS	1000mg IM <sup>1A+,3C</sup>		Stat <sup>1A+,3C</sup>	
disease	cells in HVS smear good negative predictive	metronidazole <sup>1A+,5A+</sup> <b>PLUS</b>	400mg BD <sup>1A+</sup>	-	14 days <sup>1A+</sup>	
	value.1A+	doxycycline <sup>1A+,5A+</sup>	100mg BD <sup>1A+</sup>		14 days <sup>1A+</sup>	Not available. Access supporting evidence and
Public Health	<b>Exclude</b> : ectopic pregnancy, appendicitis, endometriosis, UTI, irritable bowel, complicated ovarian cyst, functional pain.	Second line therapy: metronidazole <sup>1A+,5A+</sup> PLUS	400mg BD <sup>1A+</sup>	-	14 days <sup>1A+</sup>	
England	Moxifloxacin has greater activity against likely pathogens, but always test for gonorrhoea,	ofloxacin <sup>1A+,2A-,5A+</sup> <b>OR</b>	400mg BD <sup>1A+,2A-</sup>		14 days¹A+	rationales on the <u>PHE</u> <u>website</u>
Last updated: Feb 2019	chlamydia, and <i>M. genitalium</i> . <sup>1</sup> A+	moxifloxacin alone <sup>1A+</sup> (first line for <i>M. genitalium</i> associated PID)	400mg OD <sup>1A+</sup>		14 days <sup>1A+</sup>	
▼ Skin and s	oft tissue infections					
Note: Refer to RCC	<u>GP Skin Infections</u> online training. <sup>1D</sup> For MRSA, discuss t					
Cold sores	Most resolve after 5 days without treatment.1A-	<sup>-,2A-</sup> Topical antivirals applied p	prodromally can reduc	e duration	by 12 to 18 hours.	1A-,2A-,3A-
Public Health England Last updated: Nov 2017	If frequent, severe, and predictable triggers: conductable trigger		aciclovir 400mg, twice	e daily, for	5 to 7 days. <sup>5A+,6A+</sup>	

Infoation	Vou nointe	Madiaire	l o so ostlo	Visual		
Infection	Key points	Medicine	Adult	Child	Length	summary
PVL-SA Public Health England Last updated:	Panton-Valentine leukocidin (PVL) is a toxin produpeople, but severe. <sup>2B+</sup> <b>Suppression therapy</b> should only be started afte <b>Risk factors for PVL</b> : recurrent skin infections; <sup>2B+</sup> (school children; <sup>3B-</sup> military personnel; <sup>3B-</sup> nursing h	r primary infection has resolve invasive infections; <sup>2B+</sup> MSM;	ed, as ineffective if les	ions are s	still leaking. <sup>4D</sup>	·
Nov 2017	Access the supporting evidence and rationales on		oontaoto).			
Eczema (bacterial infection)	Manage underlying eczema and flares with treatments such as emollients and topical corticosteroids, whether antibiotics are given or	If not systemically unwell, antibiotic	_		•	
	not.	Topical antibiotic (if a topi only:	cai is appropriate). i	or locali	sea intections	
NICE	ymptoms and signs of secondary bacterial fection can include: weeping, pustules, crusts, or response to treatment, rapidly worsening	First choice: fusidic acid 2%	TDS	The second secon	5 to 7 days	
	Not all flares are caused by a bacterial infection,	Oral antibiotic:				
Public Health	Public Health so will not respond to antibiotics.	First choice: flucloxacillin	500mg QDS			
England	Eczema is often colonised with bacteria but may not be clinically infected.	Penicillin allergy or flucloxacillin unsuitable:	250mg BD (can be increased to	The second secon		
	Do not routinely take a skin swab.	clarithromycin <b>OR</b>	500mg BD for	The second secon	5 to 7 days	Wit-
Last updated: Mar 2021	Not systemically unwell:	,	severe infections)			Commence of the commence of th
	Do not routinely offer either a topical or oral antibiotic.	erythromycin (in pregnancy)	250mg to 500mg QDS			The state of the s
	If an antibiotic is offered, when choosing between a topical or oral antibiotic, take account of patient preferences, extent and severity of symptoms or signs, possible adverse effects, and previous use of topical antibiotics because antimicrobial resistance can develop rapidly with extended or repeated use.  Systemically unwell:  Offer an oral antibiotic.  If there are symptoms or signs of cellulitis, see cellulitis and erysipelas.	If MRSA suspected or con				
	For detailed information click on the visual summary.					

Infection	Voy points	Ba a di a in a	Doses	Doses		Visual
intection	Key points	Medicine	Adult	Child	Length	summary
Impetigo	Localised non-bullous impetigo: Hydrogen peroxide 1% cream (other topical	Topical antiseptic: hydrogen peroxide 1%	BD or TDS			
	antiseptics are available but no evidence for impetigo).	Topical antibiotic:	DD 01 1D0		5 days*	
NICE	If hydrogen peroxide unsuitable or ineffective, short-course topical antibiotic.	First choice: fusidic acid 2%	TDS			_
Public Health England	Widespread non-bullous impetigo: Short-course topical or oral antibiotic. Take account of person's preferences,	Fusidic acid resistance suspected or confirmed: mupirocin 2%	TDS	The state of the s	5 days*	
	practicalities of administration, previous use of	Oral antibiotic:	I	I		Impetiges antimionabilal prescribing Normanian
Last updated: Feb 2020	resistance can develop rapidly with extended or repeated use, and local antimicrobial resistance	First choice: flucloxacillin	500mg QDS			The second secon
	data.  Bullous impetigo, systemically unwell, or high risk of complications:	Penicillin allergy or flucloxacillin unsuitable: clarithromycin OR	250mg BD		5 days*	
	Short-course oral antibiotic.  Do not offer combination treatment with a topical	erythromycin (in pregnancy)	250 to 500mg QDS			
	and oral antibiotic to treat impetigo.  *5 days is appropriate for most, can be increased to 7 days based on clinical judgement.  For detailed information click on the visual summary.	nt. If MRSA suspected or confirmed – consult local microbiologist				
Mastitis Public Health	pathogen. <sup>1D</sup> Suspect if woman has: a painful breast; <sup>2D</sup> fever and/or general malaise; <sup>2D</sup> a tender, red breast. <sup>2D</sup> Breastfeeding: oral antibiotics are appropriate, where indicated. <sup>2D,3A+</sup> Women should continue feeding <sup>1D,2D</sup> including from the affected breast <sup>2D</sup>	flucloxacillin <sup>2D</sup> Penicillin allergy: erythromycin <sup>2D</sup> OR	500mg QDS <sup>2D</sup> 250mg to 500mg QDS <sup>2D</sup>			Not available. Access supporting
England  Last updated: Nov 2017		clarithromycin <sup>2D</sup>	500mg BD <sup>2D</sup>	- 1	10 to 14 days <sup>2D</sup>	evidence and rationales on the PHE website

lufo eti e u	Vov. mainta	Madiaina	Doses		Longuith	Visual	
Infection	Key points	Medicine	Adult	Child	Length	summary	
Leg ulcer	Manage any underlying conditions to promote	First-choice:					
infection	ulcer healing.	flucloxacillin	500mg to 1g QDS	-	7 days		
	Only offer an antibiotic when there are	Penicillin allergy or if fluc	loxacillin unsuitable				
	symptoms or signs of infection (such as redness	doxycycline <b>OR</b>	200mg on day 1,				
NICE	or swelling spreading beyond the ulcer, localised		then 100mg OD				
	warmth, increased pain or fever). Few leg ulcers		(can be increased			Logical Michael and Marina personne NEE DESTR.	
	are clinically infected but most are colonised by		to 200mg daily)		7 days	Security States Security Secur	
Public Health	bacteria.	clarithromycin <b>OR</b>	500mg BD			Total Control of Contr	
England	When prescribing antibiotics, take account of	erythromycin (in	500mg QDS			The control of the co	
	severity, risk of complications and previous	pregnancy)				1 Marie Mari	
	antibiotic use.	Second choice:					
Last updated:	For detailed information click on the visual	co-amoxiclav <b>OR</b>	500/125mg TDS				
Feb 2020	summary.	co-trimoxazole (in	960mg BD	-	7 days		
		penicillin allergy)					
			tibiotic choices if severely unwell or MRSA suspected or				
		confirmed, click on the vis	sual summary				
Cellulitis and	Exclude other causes of skin redness	First choice:	1500 / / 000	MARINE MARINE MARINE			
erysipelas	(inflammatory reactions or non-infectious causes).	flucloxacillin	500mg to 1g QDS		5 to 7 days*		
	Consider marking extent of infection with a	Penicillin allergy or if fluc					
	single-use surgical marker pen.	clarithromycin <b>OR</b>	500mg BD	200120 00000 Pt 10110			
NICE	Offer an antibiotic. Take account of severity, site of infection, risk of uncommon pathogens, any	erythromycin (in	500mg QDS	H-1			
MICL		pregnancy) <b>OR</b>		N. 100			
	microbiological results and MRSA status.	doxycycline (adults only)	200mg on day 1,		5 to 7 days*		
Public Health		OR	then 100mg OD		J to r days	Cobility and any order with fundalisms or the MICE constitution	
England	Infection around eyes or nose is more	co-amoxiclav (children	-			Control of the contro	
Lingiana	concerning because of serious intracranial	only: not in penicillin		No. of the latest of the lates		de la constanti del constanti del constanti del constanti del constanti della	
	complications.	allergy)		Beer Store		Address common and the common and th	
	*A longer course (up to 14 days in total) may be	If infection near eyes or n				The second of th	
Last updated: Sept 2019	needed but skin takes time to return to normal, and full resolution at 5 to 7 days is not expected.	co-amoxiclav	500/125mg TDS	Grand Control of Contr	7 days*		
	Do not routinely offer antibiotics to prevent						
	recurrent cellulitis or erysipelas.	clarithromycin AND	500mg BD				
	For detailed information click on the visual	metronidazole (only add in	400mg TDS	Design and the second	7 daye*		
	summary.	children if anaerobes	en il anaerobes	7 days*			
	Gaillinary.	suspected)					
		For alternative choice ant					
		confirmed MRSA infection	n and IV antibiotics o	lick on th	ne visual summary		

lufo eti e u	Vermeinte	Medicine	Doses		L a va aviila	Visual	
Infection	Key points	Wealcine	Adult	Child	Length	summary	
Diabetic foot	In diabetes, all foot wounds are likely to be	Mild infection: first choice					
infection	colonised with bacteria. Diabetic foot infection has at least 2 of: local swelling or induration;	flucloxacillin	500mg to 1g QDS	-	7 days*		
	erythema; local tenderness or pain; local	Mild infection (penicillin allergy):					
	warmth; purulent discharge.	clarithromycin <b>OR</b>	500mg BD				
NICE	Severity is classified as:	erythromycin (in	500mg QDS				
	Mild: local infection with 0.5 to less than 2cm	pregnancy) <b>OR</b>			7 daye*		
Public Health	erythema	doxycycline	200mg on day 1,	-	7 days*		
England	Moderate: local infection with more than 2cm		then 100mg OD (can be increased				
	erythema or involving deeper structures (such as abscess, osteomyelitis, septic arthritis or		to 200mg daily)				
	asciitis) For antibiotic choices for moderate or severe infection, infections where						
Last updated: Oct 2019	<b>Severe</b> : local infection with signs of a systemic inflammatory response.	Pseudomonas aeruginosa antibiotics click on the vis		ted or co	nfirmed, and IV	Distant half he had a province of the hand	
	Start antibiotic treatment as soon as possible.					AND CONTROL OF THE PROPERTY OF	
	Take samples for microbiological testing before, or as close as possible to, the start of treatment					The second secon	
	When choosing an antibiotic, take account of severity, risk of complications, previous microbiological results and antibiotic use, and patient preference.						
	*A longer course (up to a further 7 days) may be needed based on clinical assessment. However, skin does take time to return to normal, and full resolution at 7 days is not expected.						
	Do not offer antibiotics to prevent diabetic foot infection.						
	For detailed information click on the visual summary.						
Tick bites	Treatment: Treat erythema migrans	Treatment:	100mg BD <sup>1D</sup>	BNF		Not available.	
(Lyme	empirically; serology is often negative early in infection. <sup>1D</sup>	doxycycline <sup>1D</sup>		for children		Access	
disease) Public Health	For other suspected Lyme disease such as	Alternative:	1,000mg TDS <sup>1D</sup>		21 days¹D	supporting evidence and	
England	neuroborreliosis (CN palsy, radiculopathy) seek	amoxicillin <sup>1D</sup>		BNF	2. 44,5	rationales on	
Last updated: Feb 2020	advice. <sup>1D</sup>			for children		the <u>PHE</u> <u>website</u>	

Infaction	Voy points	Medicine	Doses		Longth	Visual
Infection	Key points		Adult	Child	Length	summary
Acne vulgaris  NICE  Last updated:	First-line treatment options: offer a course of 1 of the options, taking account of severity, preferences, and advantages/disadvantages of each option. Completing the course is important because positive effects can take 6 to 8 weeks. Consider topical benzoyl peroxide monotherapy as an alternative if first-line treatment options	First line: fixed combination of topical adapalene with topical benzoyl peroxide (for any acne severity, not in under 9s) OR	0.1% adapalene/ 2.5% benzoyl peroxide <b>OR</b> 0.3% adapalene/2.5% benzoyl peroxide OD (thinly in the evening)	BNF for children		
Jun 2021	are contraindicated, or to avoid topical retinoids or an antibiotic (topical or oral). <b>Do not use</b> : monotherapy with a topical antibiotic, monotherapy with an oral antibiotic, or	fixed combination of topical tretinoin with topical clindamycin (for any acne severity, not in under 12s) OR	0.025% tretinoin/ 1% clindamycin OD (thinly in the evening)	BNF for children		
	a combination of a topical antibiotic and an oral antibiotic.  Review first-line treatment at 12 weeks.  Only continue a topical or oral antibiotic for more than 6 months in exceptional circumstances.  Review at 3 monthly intervals, and stop the antibiotic as soon as possible.  For detailed information see the NICE guideline on	fixed combination of topical benzoyl peroxide with topical clindamycin (for mild to moderate acne, not in under 12s) <b>OR</b>	3% benzoyl peroxide/1% clindamycin <b>OR</b> 5% benzoyl peroxide/1% clindamycin OD (in the evening)	BNF for children	12 weeks	Not available. See the <u>NICE</u> guideline on acne vulgaris.
	acne vulgaris.	fixed combination of topical adapalene with topical benzoyl peroxide <b>AND</b> either oral lymecycline or oral doxycycline (for moderate to severe acne, not in under 12s) <b>OR</b>	0.1% adapalene/ 2.5% benzoyl peroxide <b>OR</b> 0.3% adapalene/2.5% benzoyl peroxide OD (in the evening) <b>AND</b>	BNF for children		
			lymecycline 408mg OD OR doxycycline 100mg OD	BNF for children		

Infaction	Kov points	Medicine	Doses		Laranth	Visual
Infection	Key points		Adult	Child	Length	summary
		topical azelaic acid <b>AND</b> either oral lymecycline or oral doxycycline (for moderate to severe acne,	15% or 20% azelaic acid BD AND	BMF for children		
		not in under 12s)	lymecycline 408mg OD OR doxycycline 100mg OD	BMF for children		
		Alternative: topical benzoyl peroxide	5% benzoyl peroxide OD to BD	BNF for children		
Scabies	<b>First choice permethrin</b> : Treat whole body from ear/chin downwards, <sup>1D,2D</sup> and under	permethrin <sup>1D,2D,3A+</sup>	5% cream <sup>1D,2D</sup>	BNF for children		Not available.
Public Health England  Last updated: Oct 2018	nails. <sup>1D,2D</sup> <b>If using permethrin</b> and patient is under 2 years, elderly or immunosuppressed, or <b>if treating with malathion</b> : also treat face and scalp. <sup>1D,2D</sup>	Permethrin allergy: malathion <sup>1D</sup>	0.5% aqueous liquid <sup>1D</sup>	BNF for children	2 applications, 1 week apart <sup>1D</sup>	Access supporting evidence and rationales on the PHE website
	Home/sexual contacts: treat within 24 hours. <sup>1D</sup>					
Insect bites and stings	Most insect bites or stings will not need antibiotics.  Do not offer an antibiotic if there are no					Dec. of the state
Public Health England  Last updated: Sep 2020	symptoms or signs of infection.  If there are symptoms or signs of infection, see cellulitis and erysipelas.	-	-	-	-	The second secon

Infection	Key points	Medicine	Doses		Length	Visual
	• •		Adult	Child	Longui	summary
Human and animal bites	Offer an antibiotic for a human or animal bite if there are symptoms or signs of infection, such	First choice:	T		T	
animai bites	as increased pain, inflammation, fever,	co-amoxiclav	250/125mg or 500/125mg TDS	Salar	3 days for	
	discharge or an unpleasant smell. Take a swab		500/125Hig 1D5	Programme and the second secon	prophylaxis 5 days for	
NICE	for microbiological testing if there is discharge (purulent or non-purulent) from the wound.				treatment*	_
	Do not offer antibiotic prophylaxis if a human or animal bite has not broken the skin.	Penicillin allergy or co-am doxycycline AND	200mg on day 1,			_
Public Health	Human bite:		then 100mg or 200mg daily	Rayer free rings Services	3 days for prophylaxis	
England	Offer antibiotic prophylaxis if the human bite has broken the skin and drawn blood.	metronidazole	400mg TDS	Mary market	5 days for treatment*	
	Consider antibiotic prophylaxis if the human bite	seek specialist advice in p	<u> </u>			
Last updated: Nov 2020	has broken the skin but not drawn blood if it is in a high-risk area or person at high risk.	IV antibiotics (click on visu	al summary)			
	Cat bite:					
	Offer antibiotic prophylaxis if the cat bite has broken the skin and drawn blood.					Company   Comp
	Consider antibiotic prophylaxis if the cat bite has broken the skin but not drawn blood if the wound could be deep.					
	Dog or other traditional pet bite (excluding cat bite)					
	Do not offer antibiotic prophylaxis if the bite has broken the skin but not drawn blood.					
	Offer antibiotic prophylaxis if the bite has broken the skin and drawn blood if it has caused considerable, deep tissue damage or is visibly contaminated (for example, with dirt or a tooth).					
	Consider antibiotic prophylaxis if the bite has broken the skin and drawn blood if it is in a highrisk area or person at high risk.					
	*course length can be increased to 7 days (with review) based on clinical assessment of the wound.					

Infection	Key points	Medicine	Doses		Longth	Visual		
IIIIection			Adult	Child	Length	summary		
Dermatophyte infection: skin	<b>Most cases</b> : use terbinafine as fungicidal, treatment time shorter and more effective than	topical terbinafine <sup>3A+,4D</sup> <b>OR</b>	1% OD to BD <sup>2A+</sup>	BNF for children	1 to 4 weeks <sup>3A+</sup>			
Public Health	with fungistatic imidazoles or undecenoates. 1D,2A+,If candida possible, use	topical imidazole <sup>2A+,3A+</sup>	1% OD to BD <sup>2A+</sup>	BNF for children		Not available. Access		
England	imidazole. <sup>4D</sup>	Alternative in athlete's	OD to BD <sup>2A+</sup>			supporting evidence and		
J	If intractable, or scalp: send skin scrapings, 1D and if infection confirmed: use oral	foot: topical undecenoates2A+			4 to 6 weeks <sup>2A+,3A+</sup>	rationales on		
Last updated: Feb 2019	terbinafine <sup>1D,3A+,4D</sup> or itraconazole. <sup>2A+,3A+,5D</sup>	(such as Mycota®)2A+		BNF for children		the <u>PHE</u> <u>website</u>		
1 65 2019	<b>Scalp</b> : oral therapy, <sup>6D</sup> and discuss with specialist. <sup>1D</sup>							
Dermatophyte	Take nail clippings; 1D start therapy only if	First line: terbinafine <sup>1D,2A+,3A+,4D,6D</sup>	250mg OD <sup>1D,2A+,6D</sup>		Fingers:			
infection: nail	infection is confirmed. <sup>1D</sup> Oral terbinafine is more effective than oral azole. <sup>1D,2A+,3A+,4D</sup> Liver	terbinaline 15,274,374,45,65		BNF for children	6 weeks <sup>1D,6D</sup>	Not available.		
	reactions 0.1 to 1% with oral antifungals.3A+ If				Toes: 12 weeks <sup>1D,6D</sup>	Access supporting		
Public Health	candida or non-dermatophyte infection is confirmed, use oral itraconazole. 1D,3A+,4D Topical	Second line:	200mg BD <sup>1D,4D</sup>		1 week a month <sup>1D</sup>	evidence and		
England	nail lacquer is not as effective. 1D,5A+,6D	itraconazole <sup>1D,3A+,4D,6D</sup>		BNF	Fingers:	rationales on		
	To prevent recurrence: apply weekly 1%			for children	2 courses <sup>1D</sup>	the <u>PHE</u> website		
Last updated: Oct 2018	topical antifungal cream to entire toe area.6D				Toes: 3 courses <sup>1D</sup>			
OCI 2010	Children: seek specialist advice.4D	Stop treatment when continu	ual, new, healthy, pro	Stop treatment when continual, new, healthy, proximal nail growth.6D				

Infection	Koy points	Medicine	Doses		Longth	Visual
infection	Key points	Wiedicine	Adult	Child	Length	summary
Varicella zoster/ chickenpox	Pregnant/immunocompromised/ neonate: seek urgent specialist advice. 1D Chickenpox: consider aciclovir 2A+,3A+,4D if: onset of rash <24 hours, 3A+ and 1 of the following:	First line for chicken pox and shingles: aciclovir <sup>3A+,7A+,10A+,13B+,14A-</sup> ,15A+	800mg 5 times daily <sup>16A-</sup>	BNF for children		
Herpes zoster/ shingles	>14 years of age; <sup>4D</sup> severe pain; <sup>4D</sup> dense/oral rash;4D, <sup>5B+</sup> taking steroids; <sup>4D</sup> smoker. <sup>4D,5B+</sup> Give paracetamol for pain relief. <sup>6C</sup>	Second line for shingles if poor compliance: not for children: famciclovir <sup>8D,14A-, 16A-</sup> OR	250mg to 500mg TDS <sup>15A+</sup> <b>OR</b> 750mg BD <sup>15A+</sup>	-		Not available.
Public Health England	Shingles: treat if >50 years <sup>7A+,8D</sup> (PHN rare if <50 years) <sup>9B+</sup> and within 72 hours of rash, <sup>10A+</sup> or if 1 of the following: active ophthalmic; <sup>11D</sup> Ramsey Hunt; <sup>4D</sup> eczema; <sup>4D</sup> non-truncal involvement; <sup>8D</sup> moderate or severe pain; <sup>8D</sup> moderate or severe rash. <sup>5B+,8D</sup>	valaciclovir <sup>8D,10A+,14A-</sup>	1g TDS <sup>14A-</sup>		- 7 days <sup>14A-,16A-</sup>	Access supporting evidence and rationales on the PHE website
Last updated: Oct 2018	Shingles treatment if not within 72 hours: consider starting antiviral drug up to 1 week after rash onset, 12B+ if high risk of severe shingles 12B+ or continued vesicle formation; 4D older age; 7A+,8D,12B+ immunocompromised; 4D or severe pain. 7D,11B+			For children		
▼ Eye infecti	ons					
Conjunctivitis	First line: bath/clean eyelids with cotton wool dipped in sterile saline or boiled (cooled) water, to remove crusting. <sup>1D</sup> Treat only if severe, <sup>2A+</sup> as most cases are	Second line: chloramphenicol <sup>1D,2A+,4A-</sup> ,5A+ 0.5% eye drop <sup>1D,2A+</sup>	Eye drops: 2 hourly for 2 days, <sup>1D,2A+</sup> then reduce			
Public Health England Last updated: July 2019	viral <sup>3D</sup> or self-limiting. <sup>2A+</sup> <b>Bacterial conjunctivitis</b> : usually unilateral and also self-limiting. <sup>2A+,3D</sup> It is characterised by red eye with mucopurulent, not watery discharge. <sup>3D</sup> 65% and 74% resolve on placebo by days 5 and 7. <sup>4A-,5A+</sup> <b>Third line</b> : fusidic acid as it has less	OR 1% ointment <sup>1D,5A+</sup>	frequency <sup>1D</sup> to 3 to 4 times daily. <sup>1D</sup> Eye ointment: 3 to 4 times daily or once daily at night if using antibiotic	BNF for children	48 hours after resolution <sup>2A+,7D</sup>	Not available. Access supporting evidence and rationales on the PHE
	Gram-negative activity. <sup>6A-,7D</sup>	Third line: fusidic acid 1% gel <sup>2A+,5A+,6A-</sup>	eye drops during the day. <sup>1D</sup> BD <sup>1D,7D</sup>	BMF for children		<u>website</u>

Infection	Key points	Medicine	Doses		Length	Visual
		Wedicine	Adult	Child	Lengui	summary
Blepharitis Public Health	<b>First line</b> : lid hygiene <sup>1D,2A+</sup> for symptom control, <sup>1D</sup> including: warm compresses; <sup>1D,2A+</sup> lid massage and scrubs; <sup>1D</sup> gentle washing; <sup>1D</sup>	Second line: topical chloramphenicol <sup>1D,2A+,3A-</sup>	1% ointment BD <sup>2A+,3D</sup>	BNF for children	6-week trial <sup>3D</sup>	Not available. Access
England  Last updated:	avoiding cosmetics. <sup>1D</sup> <b>Second line</b> : topical antibiotics if hygiene measures are ineffective after 2 weeks. <sup>1D,3A+</sup>	Third line: oral oxytetracycline <sup>1D,3D</sup> OR	500mg BD <sup>3D</sup> 250mg BD <sup>3D</sup>	BNF for children	4 weeks (initial) <sup>3D</sup> 8 weeks (maint) <sup>3D</sup>	supporting evidence and rationales on the PHE
Nov 2017	Signs of meibomian gland dysfunction, <sup>3D</sup> or acne rosacea: <sup>3D</sup> consider oral antibiotics. <sup>1D</sup>	oral doxycycline <sup>1D,2A+,3D</sup>	100mg OD <sup>3D</sup> 50mg OD <sup>3D</sup>	BNF for children	4 weeks (initial) <sup>3D</sup> 8 weeks (maint) <sup>3D</sup>	<u>website</u>

## **▼** Suspected dental infections in primary care (outside dental settings)

**Derived from the** Scottish Dental Clinical Effectiveness Programme (SDCEP) 2013 Guidelines. This guidance is not designed to be a definitive guide to oral conditions, as GPs should not be involved in dental treatment. Patients presenting to non-dental primary care services with dental problems should be directed to their regular dentist, or if this is not possible, to the NHS 111 service (in England), who will be able to provided details of how to access emergency dental care.

Note: Antibiotics do not cure toothache. 1D First-line treatment is with paracetamol 1D and/or ibuprofen; 1D codeine is not effective for toothache. 1D

Mucosal ulceration and inflammation (simple gingivitis) Public Health	Temporary pain and swelling relief can be attained with saline mouthwash (½ tsp salt in warm water) <sup>1D</sup> . Use antiseptic mouthwash if more severe, <sup>1D</sup> and if pain limits oral hygiene to treat or prevent secondary infection. <sup>1D,2A-</sup> The primary cause for mucosal ulceration or inflammation (aphthous ulcers; <sup>1D</sup> oral lichen	Chlorhexidine 0.12 to 0.2% <sup>1D, 2A-,3A+,4A+</sup> (do not use within 30 minutes of toothpaste) <sup>1D</sup> OR	1 minute BD with 10 ml <sup>1D</sup>	BMF for children	Always spit out after use. <sup>1D</sup> Use until lesions resolve <sup>1D</sup> or	Not available. Access supporting evidence and rationales on
England  Last updated: Nov 2017	planus; <sup>1D</sup> herpes simplex infection; <sup>1D</sup> oral cancer) <sup>1D</sup> needs to be evaluated and treated. <sup>1D</sup>	hydrogen peroxide 6% <sup>5A-</sup> <sup>1D</sup>	2 to 3 minutes BD/TDS with 15ml in ½ glass warm water <sup>1D</sup>	BMF for children	less pain allows for oral hygiene <sup>1D</sup>	the PHE website
Acute necrotising ulcerative gingivitis	Refer to dentist for scaling and hygiene advice. 1D,2D Antiseptic mouthwash if pain limits oral hygiene. 1D	chlorhexidine 0.12 to 0.2% (do not use within 30 minutes of toothpaste) <sup>1D</sup> <b>OR</b>	1 minute BD with 10ml <sup>1D</sup>	BNF for children	Until pain allows	Not available. Access
Public Health England Last updated:	Commence metronidazole if systemic signs and symptoms. 1D,2D,3B-,4B+,5A-	hydrogen peroxide 6% <sup>1D</sup>	2 to 3 minutes BD/TDS with 15ml in ½ glass warm water	BNF for children	for oral hygiene <sup>6D</sup>	supporting evidence and rationales on the PHE website
Nov 2017		metronidazole <sup>1D,3B-,4B+,5A-</sup>	400mg TDS <sup>1D,2D</sup>	BNF for children	3 days <sup>1D,2D</sup>	

Infection	Key points	Medicine	Doses		Length	Visual
mection			Adult	Child	Lengui	summary
Pericoronitis	If persistent swelling or systemic symptoms. 1D	metronidazole <sup>1D,2A+,3B+</sup> <b>OR</b>	400mg TDS <sup>1D</sup>	BNF for children	3 days <sup>1D,2A+</sup>	
5	use metronidazole <sup>1D,2A+,3B+</sup> or amoxicillin. <sup>1D,3B+</sup> Use antiseptic mouthwash if pain and trismus	amoxicillin <sup>1D,3B+</sup>	500mg TDS <sup>1D</sup>	BNF for children	3 days¹D	Not available. Access
Public Health England	limit oral hygiene. 1D	chlorhexidine 0.2% (do not use within 30 minutes of toothpaste) <sup>1D</sup> <b>OR</b>	1 minute BD with 10ml <sup>1D</sup>	BNF for children	Until less pain	supporting evidence and rationales on the PHE website
Last updated: Nov 2017		hydrogen peroxide 6% <sup>1D</sup>	2 to 3 minutes BD/TDS with 15ml in ½ glass warm water¹D	BNF for children	allows for oral hygiene <sup>1D</sup>	
Dental abscess Public Health England	Regular analgesia should be the first option 1A+ und abscesses are not appropriate. 1A+,4A+ Repeated at Antibiotics are only recommended if there are sign with severe odontogenic infections (cellulitis, 1A+,3A referred urgently for hospital admission to protect cephalosporins, 6D co-amoxiclav, 6D clarithromycin, used if there is no response to first-line drugs. 6D	ntibiotics alone, without drainants of severe infection, <sup>3A+</sup> systents of sepsis; <sup>3A+,4A+</sup> distributed of airway,6D for surgical drainag	ge, are ineffective in permic symptoms, 1A+,2B-, fficulty in swallowing; ge3A+ and for IV antib	oreventing <sup>4A+</sup> or a hi <sup>BD</sup> impend biotics. <sup>3A+</sup>	g the spread of infecting the spread of infection of the sirway obstruction the empirical use of	on. <sup>1A+,5C</sup> ns. <sup>1A+</sup> Patients n)6D should be
	If pus is present, refer for drainage, 1A+,2B- tooth extraction, 2B- or root canal.2B-	amoxicillin <sup>6D,8B+,9C,10B+</sup> <b>OR</b>	500mg to 1000mg TDS <sup>6D</sup>	BNF for children		Not available.
Last updated: Oct 2018	Send pus for investigation. <sup>1A+</sup> If spreading infection <sup>1A+</sup> (lymph node	phenoxymethylpenicillin <sup>11B</sup> -	500mg to 1000mg QDS <sup>6D</sup>	BNF for children	Up to 5 days;	Access supporting
	involvement <sup>1A+,4A+</sup> or systemic signs, <sup>1A+,2B-,4A+</sup> that is, fever <sup>1A+</sup> or malaise) <sup>4A+</sup> ADD	metronidazole <sup>6D,8B+,9C</sup>	400mg TDS <sup>6D</sup>	BNF for children	<sup>6D,10B+</sup> review at 3 days <sup>9C,10B+</sup>	evidence and rationales on
	metronidazole. <sup>6D,7B+</sup> Use clarithromycin in true penicillin allergy <sup>6D</sup> and, if severe, refer to hospital. <sup>3A+,6D</sup>	Penicillin allergy: clarithromycin <sup>6D</sup>	500mg BD <sup>6D</sup>	BNF for children		the <u>PHE</u> <u>website</u>

## **▼** Abbreviations

BD, twice a day; eGFR, estimated glomerular filtration rate; IM, intramuscular; IV, intravenous; MALToma, mucosa-associated lymphoid tissue lymphoma; m/r, modified release; MRSA, methicillin-resistant *Staphylococcus aureus*; MSM, men who have sex with men; stat, given immediately; OD, once daily; TDS, 3 times a day; QDS, 4 times a day.