

Result of Diabetes Specialist Nurse Assessment

This patient has been referred for consideration for the Freestyle Libre® Flash glucose monitoring system.

Following assessment for suitability, this patient has fulfilled the following criteria as stipulated within the Regional Medicines Optimisation Committee (RMOC) guidelines:

Must meet all of the following four criteria:

- Has Type 1 diabetes
- Is motivated to try Freestyle Libre® and is willing to undertake training in the use of Freestyle Libre®, and commit to on-going regular follow up and monitoring (including remote follow-up where this is offered)
- Adjunct blood testing strips should be prescribed according the locally agreed guidelines, with an expectation that demand frequency of supply will be **reduced**
- Patient will be reassessed after 3-6 months by the DSN service, if no improvement in diabetes control/ reduction of hypoglycaemic episodes needing third party help the Libre system will be discontinued

Must meet at least one of the following criteria:

- Patient undertakes intensive monitoring ≥ 8 times daily
- The patient meets the current NICE criteria for insulin pump therapy (HbA1c $>69\text{mmol/mol}$) or disabling hypoglycaemia as described in NICE TA151) were a successful trial of Freestyle Libre® may avoid the need for pump therapy
- The patient has recently developed impaired awareness of hypoglycaemia. It is noted that for persistent hypoglycaemia unawareness, NICE recommend continuous glucose monitoring with alarms and Freestyle Libre® does not currently have that function.
- Frequent admissions (>2 per year) with DKA or hypoglycaemia
- Patients who require third party help to carry out monitoring where conventional blood testing is not possible

We therefore ascertain that this patient meets RMOC criteria, is suitable and will benefit from the Freestyle Libre® Flash Glucose monitoring system.

Date: ___/___/___

DSN Name: _____